



De La Salle University
D A S M A R I Ñ A S

Home care for **COVID-19**: Guide for family and caregivers

Clean and disinfect frequently touched surfaces, especially those touched with covid-19 infection.



Use separate dishes, cups, utensils and beddings from the person with COVID-19 infection.



The patient should rest, drink plenty of fluids, and eat nutritious food, continue medications for any medical for chronic conditions.



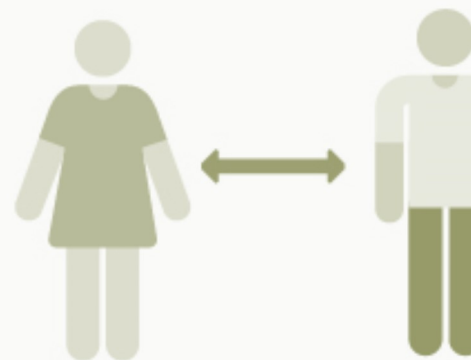


De La Salle University
D A S M A R I Ñ A S

Home care for **COVID-19**: Guide for family and caregivers

Do not allow visitors and try to avoid close contact

(less than 1 meter) with the person with COVID-19 infection.



Everyone should wear a medical mask when in the same room with the person with COVID-19 infection.



Clean hands frequently using soap and water or an alcohol-based hand sanitizer.





De La Salle University
D A S M A R I Ñ A S

Home care for **COVID-19**: Guide for family and caregivers

Identify one household member to be the caregiver.

The caregiver should have no high risk factors and the fewest contacts with people outside.



Prepare a separate room or isolated space for the person with COVID-19



Open a window to improve ventilation and increase the circulation of fresh air

