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21 September 2023

To: The DLSU-D Community

From. Dr. MARCO S. SAEZ

5 Chancellor

Subject: OCM 051: VOLCANIC SMOG PRECAUTIONS

Taal Volcano has increased volcanic activity, resulting in the release of volcanic smog or vog. Volcanic smog can have various adverse effects on our health and it's important that we take necessary precautions to protect ourselves. Please take a moment to read and familiarize yourself with the following:

- 1. **Stay Informed**: Keep yourself updated with the latest information and advisories regarding volcanic activity and volcanic smog.
- 2. **Indoor Air Quality**: Whenever possible, stay indoors, especially during times of increased vog. Close all doors and windows to minimize the infiltration of vog into indoor spaces.
- 3. Air Purification: If available, use air purifiers to improve indoor air quality. Ensure that the filters are clean and in good working condition.
- 4. **Use Masks**: When venturing outdoors, wear face masks to reduce the inhalation of volcanic particles and gases.
- 5. Limit Outdoor Activities: Reduce outdoor physical activities, especially strenuous exercise, as inhaling vog can irritate the respiratory system and exacerbate health issues.
- 6. **Health Concerns**: If you have pre-existing respiratory conditions like asthma or bronchitis, consult your healthcare provider for guidance on managing symptoms during vog events.

Let's all do our part to ensure that DLSU-D is a safe place for everyone.

Endorsed:

(Sgd) Br. FRANCISCO "SOCKIE" V. DE LA ROSA VI FSC President

