



De La Salle University - Dasmariñas
NIGHT COLLEGE

TAKSAY²⁰²⁵



LABANAN NG TALINO, LAKAS AT HUSAY

**GROUND RULES, GUIDELINES,
AND MECHANICS FOR SPORTS**



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OVERALL MECHANICS



OVERALL MECHANICS

ELIGIBILITY

- The TAKSAY 2025 Sportsfest is **open to all registered Night College students and alumni.**
- Only the players listed on the approved official list of players are eligible to play in each tournament.

UNIFORM

- Each team must wear their official team uniform during every game.
- Same shirt is required, but the team identification will be the **handkerchief or bandana.**
- The handkerchief or bandana may be worn **anywhere on the body**, as long as it is **clearly visible.**
- Any player not in complete/proper team uniform shall **not be allowed to play.**



OVERALL MECHANICS

CODE OF CONDUCT

- Athletes, coaches, and team officials under the **influence of alcoholic drinks** shall not be allowed to participate.
- Athletes involved in **fighting or any grave unsportsmanlike conduct** shall be disqualified from further participation.
- Athletes, coaches, or team officials using **derogatory or profane language**, making obscene gestures, or **cursing referees/officials** during or after the game will be **sanctioned or subjected to disciplinary actions**.

USE OUR OFFICIAL HASHTAGS



#DLSUDNightCollege
#TAKSAY2025



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GENERAL REMINDERS



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WHAT TO WEAR

TEAM IDENTIFIER

All players must wear their designated handkerchief or bandana, which should be clearly visible and may be worn anywhere on the body.

NEW NC SHIRT

The New NC Shirt will serve as part of the uniform for all players

JERSEY

Official team jerseys must be worn during every game

SHORTS

Proper athletic shorts must be worn.

RUBBER SHOES

Athletic shoes suitable for the sport being played.

COMPRESSION WEAR *(optional)*

Compression sleeves, leggings, and other gear for support and performance enhancement.



GENERAL REMINDERS

WHAT NOT TO WEAR

HATS/CAPS

Not allowed unless they are part of the official uniform and approved for the specific sport.

JEWELRY

Rings, necklaces, earrings, and other jewelry that could pose a safety risk

SLIPPERS

Slippers or any open-toed footwear are not allowed.

JEANS

Jeans or any denim clothing are strictly prohibited.

CROCS OR SIMILAR FOOTWEAR

Rubber clogs and similar styles that lack proper foot support are not permitted.

OTHER NON- ATHLETIC WEAR

Any clothing that is not conducive to sports activities, such as casual or formal attire, is not allowed.



GENERAL REMINDERS

ALLOWED TO BRING



IDENTIFICATION CARD

School ID or any valid ID for verification purposes.



SUNSCREEN

Protection from the sun, especially for outdoor events.



MEDICAL CERTIFICATE

Issued by the University Clinic or external source for alumni



BAG

To carry all personal items and equipment.



WATER BOTTLE

To stay hydrated throughout the event.



SNACKS

Healthy snacks for energy between matches.



TOWEL

For personal hygiene and to keep dry during and after games.



FIRST AID KIT

Basic first aid supplies for minor injuries.



CHANGE OF CLOTHES

Extra set of clothes for after games.



PERSONAL MEDICATIONS

Any necessary personal medications.



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GENERAL REMINDERS

NOT ALLOWED TO BRING



ALCOHOLIC BEVERAGES

Strictly prohibited on the premises.



EXPLOSIVES

Firecrackers, fireworks, or any explosive materials.



ILLEGAL SUBSTANCES

Any form of illegal drugs or substances.



GLASS CONTAINERS

Glass bottles or containers that can break and cause injury.



WEAPONS

Any type of weapons, including knives, firearms, or any dangerous items.



PETS

Animals are not allowed, with the exception of service animals.



GENERAL REMINDERS

GARBAGE DISPOSAL

- Please ensure that all garbage is disposed of in the designated bins.
- Separate recyclables from non-recyclables according to the labeled bins.
- Keep the event area clean by disposing of trash properly and promptly.
- Avoid littering to maintain a clean and pleasant environment for everyone.
- Report any overflowing bins to event staff.
- Help minimize waste by reducing, reusing, and recycling whenever possible.



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SPORTS MECHANICS



BASKETBALL

GAME MECHANICS

- Teams will be composed of at least **eleven (11) players** as determined prior to the tournament.
- The objective of the game is to accumulate points by shooting the ball through the hoop. The team with the **most number of points** shall be declared as the **winner**.
- The competition will follow the amateur rules.
- Each game will be composed of **4 quarters** having **8 minutes per quarter** with **(1) minute-break between quarters**, except for the half-time break which will be three (3) minutes long.
- The **championship game** will be composed of **4 quarters** having **10 minutes per quarter** with **1-minute breaks between quarters**, except for the half-time break which will be three (3) minutes long.
- **Two 30 second time-outs** are allowed for each quarter in both the elimination rounds and championship rounds. The clock will stop during time-outs and at all whistles.
- Games will be scheduled on a tournament basis. The winners of each game will advance to the next round until there is only one final game.



BADMINTON

GAME MECHANICS

- Each team will consist of at least **five (5) players**.
- Players will be divided into **singles, doubles, and mixed doubles** events.
- Each player can participate in a maximum of **two (2) events**.
- Matches will be played in **singles** (men and women), **doubles** (men and women), and **mixed doubles categories**.
- Each game will be played to **30 points**, with a **court change at 15 points**.
- Standard badminton rules will apply.
- Each match will be the **best of three** games.
- If the score reaches 29-29, the game continues until one player/team leads by 2 points or one player/team reaches 31 points.
- There will be a **10-minute break** after each game.
- Players should use proper badminton rackets and shuttlecocks.
- Proper badminton shoes are required.
- Matches will be scheduled on a knockout basis. Winners of each match will advance to the next round until a champion is determined.



AMAZING RACE

GAME MECHANICS

- Each group must have a minimum of **eleven (11) members**.
- Each station will have up to **2 assigned facilitators**.
- There will be a total of **15 stations**.
- Each team will receive a paper indicating the **order of stations** they must complete.
- Each team will have a **different set order** to avoid crowding at any station.
- The time taken by each team to complete the task at each station will be **recorded by the facilitators**.
- After completing all 15 stations, the **total time spent by each team at each station will be calculated**.
- The team with the least total time will be announced as the winner during the Awarding Ceremony.



CHESS

GAME MECHANICS

- The tournament will follow a **Double Elimination format**.
- Players will compete under a **Win and Loss Bracket system**, allowing one chance for recovery after a loss. This format is categorized as **Rapid Chess**, which is faster than classical games but slower than blitz.
- Each player is given **30 minutes** to complete all their moves.
- The maximum duration of a match is **60 minutes**.
- **No time increment** is allowed (30|0 time control, no additional time per move).
- Players alternate turns, and the clock runs only when it is a player's turn.
- A player wins by **checkmating the opponent's king** or by the **opponent resigning**.
- A player loses by having their **time run out** (flagged), by **checkmating their own king**, or by **resigning**.



VOLLEYBALL

GAME MECHANICS

- Teams will be composed of at least **ten (10) players**.
- Substitution rules apply.
- The objective of the game is to accumulate points by hitting the ball over the net and landing it on the opposing team's court. The team with the **most number of points** shall be declared as the **winner**.
- The competition will follow the amateur rules.
- Each game is a **best of 3 sets match**. The **first 2 sets** will be up to **21 points** while the **3rd set** will be up to **15 points** only.
- The **championship game** is a **best of 5 sets match**, subject to changes depending on time constraints. The **first 4 sets** will be up to **21 points** while the **5th set** will be up to **15 points** only. However, the committee may decide to make the championship game a best of 3 sets match, following the same rules as the elimination round, making sure that such a fact is communicated to the players prior to the start of the championship game.
- Games will be scheduled on a tournament basis, thus the winners of each game will advance to the next round until there is only one final game.



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**SEE YOU
THERE!**