

ten tips in establishing at-home learning space

The ANIMO Strategy necessitates parents to set aside an At-home Learning Space (ALS) where their children are encouraged to develop new skills and create a spirit of learning that will impact their life in the future. The following tips are focused on the space preparation and study routine setting that parents can consider in establishing ALS.

Learning Space Preparation

1. Plan and design the ALS with your child through a collaboration meeting.
2. Designate an area within your home where the ALS will be set up. Ideally, this will be a different space where s/he can normally play games or watch television.
3. Declutter the designated area by removing distractions. Too many books and supplies can crowd the ALS and create a feeling of chaos.
4. Observe ergonomics in the choice of fixtures in the ALS. Watch out for any orthopedic issues related to comfort and posture that may arise.
5. Check the light of the ALS in various times of the day. Insufficient light may cause eye strain that leads to headaches. If natural light is not available, adjustable lamps can improve lighting.
6. Provide your child a dedicated device (laptop, desktop, tablet, etc.) for maximum online learning.
7. Test the wi-fi signal in the ALS to determine stable internet speed. If the signal is not strong enough, consider adding a signal booster to improve internet connection.

Study Routine Setting

8. Assist your child in keeping and observing the things that would happen on any normal school days, such as getting up the usual time, having breakfast, brushing hair, etc.
9. Remind your child to strictly follow the provided class schedule including digital recess where s/he has a time to take a break away from screen.
10. Consider limiting your child's personal use of cell phone and tablet until his/her schoolwork is done satisfactorily.

Remember that you are not alone in this journey. It is important that we all work together as a community for the good of our children.

