



De La Salle University  
D A S M A R I Ñ A S

## Home care for **COVID-19**: Guide for family and caregivers

**Clean and disinfect frequently touched surfaces**, especially those touched with covid-19 infection.



**Use separate dishes, cups, utensils and beddings** from the person with COVID-19 infection.



**The patient should** rest, drink plenty of fluids, and eat nutritious food, continue medications for any medical for chronic conditions.



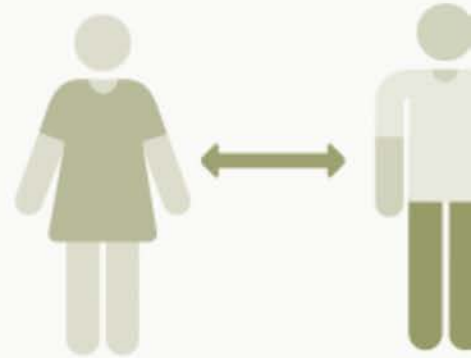


De La Salle University  
D A S M A R I Ñ A S

## Home care for **COVID-19**: Guide for family and caregivers

**Do not allow visitors and try to avoid close contact**

(less than 1 meter) with the person with COVID-19 infection.



**Everyone should wear a medical mask** when in the same room with the person with COVID-19 infection.



**Clean hands frequently** using soap and water or an alcohol-based hand sanitizer.





De La Salle University  
D A S M A R I Ñ A S

# Home care for **COVID-19**: Guide for family and caregivers

**Identify one household member to be the caregiver.**

The caregiver should have no high risk factors and the fewest contacts with people outside.



**Prepare a separate room or isolated space** for the person with COVID-19



**Open a window** to improve ventilation and increase the circulation of fresh air

