



APPROVED SAFETY AND HEALTH MEASURES AGAINST COVID-19 AND RELATED INFECTIOUS DISEASES FOR SY 2023-2024

Following the lifting of the Public Health Emergency due to COVID-19 throughout the country on 21 July 2023, through Proclamation Number 297, DLSU-D releases the new safety and health measures against COVID-19 and related infectious diseases for implementation starting SY 2023-2024.

The measures conform to the **Department of Health (DOH) Department Circular Number 2023-0324**, the updated protocols on Minimum Public Health Standards and other pertinent safety and health standards.

A. Policy on the Wearing of Face Mask

1. **The wearing of face mask is only required** in the following settings:
 - a. **Inside the Clinic** as protection against various biological and health hazards;
 - b. **In Chemistry and Biology laboratories** during experiment or research activities as protection from various biological and chemical hazards; and
 - c. In Food Preparation involving **food preparers and servers** as standard food safety measure.
2. **The wearing of face mask is highly encouraged** for immunocompromised individuals and those with co-morbidities such as diabetes, hypertension, and cardiovascular diseases.
3. **The wearing of face mask is optional for other settings** whether indoors and outdoors **but still is encouraged** as protection from different airborne infections like common colds, flu, and COVID-19.

B. Policy on Isolation for COVID-19 Positive and Suspect Cases







1. **For fully vaccinated employees and students who tested positive for COVID-19** either by RT-PCR or Rapid Antigen Test:
 - a. **If asymptomatic or exhibiting mild symptoms**, home quarantine for five (5) days and mandatory wearing of face mask for ten (10) days upon return to work or class shall be observed; and
 - b. **If with moderate or severe symptoms**, home or hospital quarantine as directed by the attending physician for at least ten (10) days and mandatory wearing of face mask for 10 days upon return to work or class shall be observed.
2. **For partially vaccinated or unvaccinated employees and students who tested positive for COVID-19** either by RT-PCR or Rapid Antigen Test:
 - a. **If asymptomatic or exhibiting mild symptoms**, home quarantine for at least seven (7) days and mandatory wearing of face mask for ten (10) days upon return to work or class shall be observed;
 - b. **If with moderate or severe symptoms**, home or hospital quarantine for at least ten (10) days but subject to extension as recommended by the attending physician shall be observed. Mandatory wearing of face mask for ten (10) days upon return to work or class shall be imposed; and
3. **For COVID-19 suspect cases**, isolation shall be on a case to case basis depending on the professional judgement of the attending physician. Mandatory wearing of face mask for ten (10) days upon return to work or class shall be observed.


C. Policy on Health Consultations for COVID related Symptoms


1. **An employee or student who experiences any COVID-related symptoms** particularly cough, colds, sore throat, headache, fever, and/or loose bowel movement (LBM) should refrain from going to work or class.
2. **An employee or student who experiences any COVID-related symptoms as enumerated in item 1 must Immediately inform the University Health Clinic (UHC)** of such symptom(s) through email (univhealthclinic@dlsud.edu.ph) or MS Teams ([UNIVERSITY HEALTH CLINIC](#)).
3. The UHC staff will get in touch with the patient for important health reminders and procedures including the scheduling of teleconsultation if needed.


4. The patient may also consult his or her preferred physician, online or onsite, for proper diagnosis, advice, and treatment. The results of the consultation done must be communicated to the UHC through the aforementioned channels for proper documentation and monitoring.


If you are experiencing any COVID-related symptoms particularly

	Cough		Headache
	Colds		Fever
	Sore throat		Loose bowel movement

 Refrain from going to class or work.

 Inform the University Health Clinic immediately through email (univhealthclinic@dlsud.edu.ph) or MS Teams chat (UNIVERSITY HEALTH CLINIC).

 Consult the physician of your choice (online or onsite) for proper medical diagnosis, advice, and treatment.

 Communicate the results of your medical consultation to the University Health Clinic for documentation and monitoring.

D. Policy on the Use of Reusable Utensils in the Canteen

1. **Reusable utensils** such as plates, glasses, forks, and spoons shall be allowed among canteen concessionaires provided that they observe the proper washing, drying, and storage of these utensils.
2. **Reusable spoons and forks must be sterilized** by dipping them in hot water with a temperature of 80°C or above for at least ten (10) minutes as standard food safety practice.
3. **The use of disposable utensils shall only be allowed for take-out** transactions to minimize the generation of waste from canteen concessionaires.

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