

April 2025

OSS NSPIRE

(OSS Newsletter for Student Programs, Initiatives, and Recent Engagements)



Rooted in Service, Driven by Purpose



Featured Student Organization: DLSUD Pre-Law Society

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April events promote Student Engagement and Empowerment through OSS-led Initiatives

In April 2025, student organizations at De La Salle University Dasmariñas implemented a series of activities aimed to foster student involvement and growth across various disciplines with the support of the Office of Student Services (OSS).



Kapihan at Kumustahan 2025: Navigating the Journey Towards Hope

Date: April 1-24, 2025

Venue: Facebook page, JFH Kubo, ADG Hall and Bukid Kabataan General Trias Cavite

Took place from April 1 to 24 providing Accountancy and Management Accounting students with opportunities to discuss board exam preparation, career planning, and mental health. On April 2, the Pre-Medical Society's Operation Teamwork: Prescription for Togetherness combined team-building activities and spiritual reflection to encourage leadership based on shared values.

Operation Teamwork: Prescription for Togetherness

Date: April 2, 2025

Venue: University Chapel and ADG Hall

The event's combined emphasis on interactive collaborative activities and spiritual reflection ensures that participants will have time to reflect as well as opportunities to develop their leadership skills. Members will get the opportunity to demonstrate and improve their leadership abilities through group dynamics and cooperative activities. These activities are intended to improve communication, encourage teamwork, and increase member trust. Apart from fostering teamwork, the event's spiritual component which involves private reflection and prayer in the University Chapel that can promote personal development and strengthen the participants' bond with the Pre-Medical Society's common ideals and mission.



7th DLSU-D JFINEX Students' Summit

Date: April 4, 7-8, 10-11 and May 5, 2025
Venue: ADG Reception Hall, JFH Kubo and Facebook Page

The 7th JFINEX Students' Summit featured sessions on financial literacy and innovation across April and May, concluding with the Aligning Ambitions General Assembly and Phoenix Recognition on April 25 and June 4. These events reflected JFINEX's aim to prepare responsible finance professionals.



Chasing Victory 2025: Esports Tournament and Gaming Convention

Date: April 21-26 2025
Venue: Discord, FB Live, and Ugnayang La Salle



Chasing Victory 2025: Esports Tournament and Gaming Convention is a 6-day event with 6 days being allotted for online tournament preliminaries and the final day being allotted for an onsite tournament and convention. Chasing Victory 2025 is the successor of Chasing Victory 2023 from the predated CSCSSG, which intends to promote the esports and gaming scene in DLSU-D. This event will feature various segments, such as (1) an esports tournament, (2) mini games, (3) a panel session with guest speakers, (4) a cosplay show, (5) a merchandise pre-order selling, (6) and non-food concessionaire booths. Each segment is catered to provide entertainment for all participants, may they be audiences, players, or cosplayers.



Psych It Up: Igniting Curiosity, Inspiring Minds

Date: Tanghalan Julian

Venue: April 21, 2025

Psych It Up: Igniting Curiosity, Inspiring Minds aims to bridge the gap between theory and practice by highlighting the real-world applications of psychological research and emphasizing the role of research in the practice of psychologists. It encourages students to not only apply theoretical knowledge but to see how evidence-based practices shape psychological practices and interventions.

Law and Order Special Writing Unit: A Legal Writing Seminar and Workshop

Date: April 4, 2025

Venue: Tanghalan Julian Felipe

The DPLS will host a seminar and workshop event entitled "Law and Order Special Writing Unit: A Legal Writing Seminar and Workshop" at the Tanghalang Julian Felipe. The event will be set on April 4, 2025 from 1:00 PM to 5:00 PM. In the event, the activities will be divided into a Seminar and Workshop dedicated to teach the participants the basics of proper legal writing in a legal setting while also giving them a platform to apply it during the workshop proper.





Meliora Sikolohiya: Pinning Ceremony 2025

Date: April 22, 2025

Venue: Facebook Live and Ugnayang La Salle

This ceremony aims to foster profound sense of camaraderie and shared purpose among students, faculty and the Lasallian academic community. Meliora Sikolohiya: Pinning Ceremony 2025 is more than just a reflection of academic achievement; it is also deeply rooted in the Lasallian core values. The spirit of faith is evident as the Psychology students begin the journey of service is evident through their dedication in understanding addressing mental health challenges, driven by the desire to promote well-being.

Aligning Ambitions: The JFINEX General Assembly

Date: April 25, June 4, 2025

Venue: BBA Rooms and CBAA Azotea

Aligning Ambitions: The JFINEX General Assembly and Phoenix Recognition is a two-fold event designed to unite officers, members, and board members in a celebration of unity, growth, and recognition. The General Assembly will take place on April 25, 2025, at BBA 204, serving as a platform to inspire and equip participants with valuable insights on leadership and financial literacy. This segment will feature interactive workshops, team-building activities, and discussions aimed at strengthening the organization's foundation and fostering collaboration among its members. The theme of this event merely focused on "Building Blocks," as the event name emphasizes; it aims to build, inspire, and acknowledge the new officers, outgoing officers, and members through the teachings and lessons provided, and recognize the outstanding officers and members throughout their efforts and dedication this academic year.

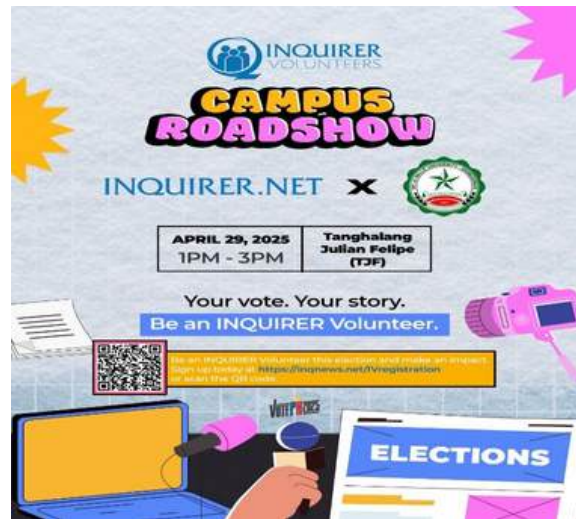


INQUIRER.net Journalism Seminar

Date: April 29, 2025

Venue: Tanghalan Julian Felipe

The INQUIRER.net Journalism Seminar will feature invited speakers from the media industry, political advocates, and professionals who will share their insights through talks and interactive sessions. Students will also take part in engaging activities like advocacy presentations and political role playing, giving them the chance to express their ideas and apply their learnings.



Each event aligned with the Lasallian values of faith, service, and communion. Together, they reflected the continued efforts of OSS and student organizations to support well-rounded development where learning, leadership, and social engagement come together in meaningful ways.

SWAFO recognizes Honest Lasallians

As part of SWAFO's ongoing campaign to promote honesty among Lasallians, the Student Welfare and Formation Office (SWAFO) team led by Mr. Ervin Ronnie Doroteo (In-charge, Lost and Found Section), Mr. Rodelio Figueroa (Assistant to the Director), and other Student Formadores conducted surprise classroom visits to recognize students through the awarding of Certificates of Honesty.

These certificates honored students who demonstrated honesty and integrity by returning valuable lost items to SWAFO's Lost and Found Section.

The team presented the certificates in the presence of their professors and classmates to encourage others to uphold the same values expected of them as true Lasallians.

Below are the names of the awardees who were given recognition last April 2025:

Names	Course/Year/Section
Jennifer M. Alindog	PSY 43
Raineer Angelo A. Maculado	MMA11
Autumn Bonifacio	MKA31
Bellesima Gailve V. Pablico	MEB12
Terrence Troy Y. Fukushima	ENR11
Christian Angelo A. Tiglao	ARC34
Bea Lucille R. Catubig	BFS31
Zildjian Rave L. Henderin	BIO22
Kyle Samantha V. Apin	CEE34
Lady Ysabelle T. Jimenez	CEE21
Clyde Francine L. Orozco	CRI21
Keisha Pearl S. Amparo	CRI21
Sean Riley B. San Pedro	BOM34
Richard Russel H. Legaspino	EEE41
Kathleen Joyce D. Camama	ARC51
Matthew David D. Chainani	BOM21
Adam Jethro F. Asuncion	CPE42
Christel Mae M. Pernites	BOM33
Ray Adrian A. Alota	MEE22
Lex Marcus N. Ison	MEE22
Darlene P. Dulce	MKA33

This initiative reflects SWAFO's commitment to not only promote discipline, but also to foster a culture of trust, honesty, and integrity among the members of the community. By continuously recognizing acts of honesty in the coming months, SWAFO believes that more and more Lasallians will be encouraged to uphold such values not only inside the University, but more so, in their daily lives.



OSS Administrators join PAPSAS 29th National Conference

Select administrators from the Office of Student Services (OSS) participated in the 29th National Conference and Training Workshop of the Philippine Association of Practitioners of Student Affairs and Services, Inc. (PAPSAS). The event, themed “Weaving an Integrated SAS Approach Toward a Healthy Living Environment,” took place at Costa Palawan Resort in Puerto Princesa City, Palawan from April 10 to 12, 2025.

Representing DLSU-D at this national conference were Dr. Jacqueline Morta (OSS Dean), Dr. Eric Vargas (SDAO Director), and Ruel Elias (SWAFO Director).



(from left to right) Dr. Eric Vargas, SDAO Director, Dr. Jacqueline Morta, OSS Dean, and Mr. Ruel Elias, SWAFO Director represent DLSU-D at the PAPSAS 29th National Conference held in Puerto Princesa City, Palawan on April 10-12, 2025.



Group photo of the 422 conference participants from 176 schools nationwide.

The first day featured a keynote address from Dr. Edna Imelda Legazpi, Director IV of the Commission on Higher Education (CHED). She discussed CHED’s initiatives related to Student Affairs and Services (SAS) in Higher Education Institutions (HEIs) which include mental health programs, inclusive education, leadership development, integration of Gender and Development (GAD), digitalization, and the strengthening of industry linkages for holistic student support. Dr. Legazpi also encouraged SAS practitioners to promote inter-institutional collaboration and strengthen partnerships between HEIs to share best practices and resources. In the afternoon, a panel discussion moderated by Dr. Carlito Olaer, Director of PAPSAS, allowed SAS practitioners from across regions (NCR, Luzon, Visayas, and Mindanao) to share their biggest challenges as a SAS practitioner.



A group photo of student affairs and services practitioners from Region 4.

The second day included two plenary talks. Mr. Von Karlo Gonzales, RGC from De La Salle University Manila, spoke about wellness and holistic well-being, while Dr. Evelyn Songco, Director of PAPSAS, addressed competencies needed to create a healthy learning environment. Following these talks, a workshop was held. The day capped with the election of the new PAPSAS Board of Directors and a socials night.



A group photo of student affairs and services practitioners from De La Salle University Manila, De La Salle University Dasmariñas, and the De La Salle Medical and Health Sciences Institute.

On the last day, three breakout mentoring sessions were held on Student Discipline, SAS 101, and the Safe Spaces Act participated in by Dr. Morta, Dr. Vargas, and Mr. Elias.



Dr. Edna Imelda Legazpi, CHED Director IV, delivers her keynote address.

The conference concluded with the announcement of the newly elected PAPSAS officers and the presentation and approval of PAPSAS's constitutions and bylaws. OSS administrators also took the opportunity to network and exchange best practices in student affairs and services.

Approximately 422 participants from 176 schools nationwide took part in the three-day conference.

At Your Service!

Emerico V. Rasing, Director, SWC



*Cynthia Nuevo-Camarce
Guidance Counselor, College of Tourism & Hospitality Management*



Ms. Cynthia with SWC family.

30 Years of Dedication, Resilience, and Lasallian Spirit

In the heart of De La Salle University-Dasmariñas where compassion meets commitment, one woman has quietly and powerfully shaped the lives of countless students for over three decades. Cynthia Nuevo-Camarce, a devoted guidance counselor, mother of four, and widow since 2017, stands as a living testament to what it means to serve with heart, faith, and purpose.

A Journey of Self-Discovery and Service

“For me, it is an eye-opener,” Cynthia reflects on her 30-year journey at DLSU-D. “Being a counselor is not an easy job. It demands deep self-awareness and constant reflection.”

Her role has never been just about giving advice. It’s about understanding the human soul. Over the years, she has walked alongside students facing emotional neglect, loneliness, and the silent cry for attention what she refers to as “KSP” or “Kulang sa Pansin” moments that often go unnoticed.

“Everyone is crying out to be understood,” she shares. “But if we only use the power that God wants us to try - the ability to be mindful. Self-reflection or the courage to go within, is the language of the soul.”

Her work has become a mirror, revealing her own strengths and vulnerabilities. “The more I get hold of my true self, the more I realize that life is to be celebrated. Working at DLSU-D is not by chance, but by fate. The God of the universe chose me to be part of this team, and I am so blessed.”

Balancing Life as a Mother and Counselor



Ms. Cynthia with her husband & daughter.

As a solo parent, Cynthia has learned to balance family and career with grace. “Time is a precious commodity,” she says. “At home, I don’t decide alone. I share my worries with my children. We collaborate and solve problems together.”

Her children, responsible and grounded, are her pride. Two are graduating this June and two others graduated just last year. "Blessings continue to pour in," she beams.

At work, she is fully present in her role. "I only become aware of home when it's time to leave the office. That's when I remember the unfinished business waiting for me."

Finding Joy in Music and Mindfulness

Despite her busy life, Cynthia carves out time for herself—her sacred "me time." Her sanctuary? The piano.

"I love playing the piano. It's my daily boost of happy hormones," she shares. Whether practicing at home or playing in public spaces like the UMC lobby, music is both her therapy and joy. "You can even make friends through music. It connects people."

Looking Ahead with Grace

As retirement draws near, Cynthia dreams of returning to music – her first love, and perhaps starting a sustainable farm where she can grow organic vegetables. "When my time comes to retire, I want to go back to what I love: playing the piano, teaching music, and living simply."



A Legacy of Love and Lasallian Spirit

Cynthia Nuevo-Camarce's story is not just one of longevity – it is one of legacy. Her 30 years at DLSU-D have been marked by quiet strength, unwavering faith, and a deep love for service. She is more than a counselor. She is a mentor, a mother, a musician, and a Lasallian through and through.

We honor not only her decades of service, but also the countless lives she has touched, the hearts she has healed, and the light she continues to radiate.

Thank you, Ms. Cynthia, for your unwavering commitment - for truly being **At Your Service**.

At Your Service!



OSS Hosts Research Capability Building Seminar and Paper Presentation

The Office of Student Services (OSS), in collaboration with the University Research Office (URO), hosted a research capability-building seminar and paper presentation on April 22, 2025, as part of the University's Research Week held from April 21 to April 26, 2025.



SEP Coordinator Dr. Venicris Alonsozana presents the findings of their research.

Drs. Venicris Alonsozana, Marnon Regis, together with Mr. Domingo Reblora, Jr. presented their completed research project titled "Comparative Analysis of Student Evaluation in the Student Engagement Program (SEP) Towards Institutional Program Enhancement." The study examined student evaluations of SEP's impact on learning dynamics across various clusters and activities and highlighted both the most and least favored aspects of the program. The research also provided general recommendations for improvement.



Dr. Ma. Virginia Aguilar explains how to conduct focus group discussions (FGDs).

Following the presentation, Dr. Ma. Virginia Aguilar delivered a lecture-seminar dubbed "Optimizing Service Delivery: A Capacity-Building Seminar on Program Evaluation for the Departments under the Office of Student Services." The session aimed to strengthen the research culture within OSS and equip its personnel with the skills necessary for conducting research effectively.

In her message to the participants, Dr. Jacqueline Morta, OSS Dean, emphasized the importance of understanding students' needs, challenges, and aspirations to serve them effectively. She noted that research plays a crucial role in this process. According to Dr. Morta, these approaches enable OSS to identify service gaps, innovate solutions, and continuously enhance its delivery of services to students.



A group photo of OSS personnel with the research presenters and resource speaker



Participants attentively listen to Dr. Alonzoana's research presentation

OSS Council Screens Luntiang Parangal 2025 Applications

Tagaytay City, April 25, 2025 — The Office of Student Services (OSS) Council successfully conducted the screening and evaluation of applications for Luntiang Parangal 2025 on April 25, 2025 in a focused assessment session held in Tagaytay.

Applications submitted until the deadline on March 14, 2025 were reviewed based on the official rubrics outlined in the Luntiang Parangal Information Kit.

The OSS Council was composed of the OSS Dean Dr. Jacqueline Morta, SWAFO Director Mr. Ruel Elias, NSTP-CWTS Chair Ms. Jemily Puchero, CAO Coordinator Mr. Joel Refuerzo, SAO Associate Director Ms. Joan Bermundo, and Vicissitude Supervisor Ms. Ma. Luisa Ongcol.

SDAO Director Dr. Eric Vargas, OSS Secretary Ms. Mellany Alvaran, and SDAO Secretary Ms. Theresa Padilla provided administrative and logistical support throughout the activity.

The collective effort underscored the OSS Council's dedication to recognizing outstanding leadership and service among student leaders and organizations at DLSU-D.

The results of the screening will determine the awardees of this year's Luntiang Parangal, the university's highest recognition for student excellence.

OSS presents completed Research Projects at International Research Conference

Two research projects completed by the Office of Student Services (OSS) and funded by the University Research Office (URO) for the academic year 2023-2024 were presented at the 3rd International Conference on Research Inclusivity and Sustainability (INCRIS) on April 24, 2025 held at the Senior High School Building of De La Salle University – Dasmariñas (DLSU-D).

Drs. Jimford Tabuyo, Jacqueline Morta, and Eric Vargas, authors of the first OSS-completed research project, "Student Satisfaction with the Services Offered by the Office of Student Services at De La Salle University Dasmariñas, Philippines" presented their paper which evaluated the level of student satisfaction with the services provided by three OSS units: the Student Development Activities Office (SDAO), Student Wellness Center (SWC), and Student Welfare and Formation Office (SWAFO). Using the SERVQUAL Model developed by Parasuraman in 1988, they evaluated the five dimensions of service quality (RATER). Results revealed significant differences in student satisfaction across the three offices.



SDAO Director Dr. Eric Vargas presents the findings of their research project.

The study proposed that OSS allocate sufficient resources and budget to SWAFO, SDAO, and SWC to sustain their programs and activities. Enhancing these initiatives supports a holistic college experience and promotes student success. The researchers also proposed the development of innovative programs aligned with the university's mission and vision to further support students' overall growth.

Drs. Venicris Alonsozana, Marnon Regis, and Mr. Domingo Reblora, Jr. conducted the second research project, “Comparative Analysis of Student Evaluation in the Student Engagement Program (SEP) Towards Institutional Program Enhancement.” This study analyzed student evaluations of the SEP at DLSU-D across two academic years and examined how students perceived SEP’s impact on learning dynamics, evaluated different clusters and activities, and identified the most and least enjoyed aspects, along with suggestions for program improvement.



SEP Coordinator Dr. Venicris Alonsozana addresses questions from the audience.



OSS Dean Dr. Jacqueline L. Morta responds to questions from the audience.

Key findings highlighted SEP’s contribution to student learning dynamics, warranting its continued implementation. It also encouraged greater participation through improved promotional strategies, especially on alternative activities. Student engagement in institutional activities was suggested to remain non-mandatory. Further, the study proposed implementing mechanisms to motivate voluntary participation and introducing a system for SEP-related engagements – insights that emerged from focus group discussions.

Through these studies, OSS continues to foster a culture of research and innovation that shapes more effective and student-centered programs.

Formation and Discipline Program Highlights Self-development

Twenty-five participants gathered at the Alumni Building Conference Room B on April 23, 2025 for a student formation and discipline program. This event, initiated by the Student Welfare and Formation Office (SWAFO), highlights its commitment to support self-development through self-awareness, responsibility, and personal growth.



Formation Program participants attentively listen to Mr. Julius Tibayan's talk.

CSA Associate Director and NSTP-CWTS faculty Julius M. Tibayan delivered the first session on Education through Formation. He emphasized that students should view disciplinary actions not as punishments but as opportunities for personal growth. Using the metaphor of a pearl, he encouraged participants to recognize transformation as a gradual and constructive process.

The second session, led by DLSMHSI Guidance Counselor Allan Rosarda focused on education through discipline.

He encouraged students to focus on the present as the space for real change and learning, rather than dwelling on past mistakes or future uncertainties.



Mr. Allan Rosarda delivers an engaging talk to the participants.

Following the talk, participants attended a Holy Mass officiated by Rev. Fr. Rolly Olango, providing a moment of reflection.



Rev. Fr. Rolly Olango concludes the session with the celebration of the Holy Mass.

The activity was made possible through the leadership of SWAFO Director Ruel Elias with support from the Assistant to the Director Rodelio Figueroa and Formadores Odessa Parreño and Jesus Rex Ceballos.

DLSU-D Pre-Law Society Reinvents Itself to Serve Every Lasallian

From One College to One Community

Established in 2006 under the College of Liberal Arts and Communication, the DLSU-D Pre-Law Society (DPLS) began as a co-curricular organization for aspiring lawyers. Over the years, it became a space for legal discourse through debates, seminars, and competitions.

In 2022, DPLS underwent a transformative shift - opening its doors to students from all courses across the university. Now an interest-based organization, DPLS welcomes anyone curious about the law, regardless of academic background. Whether you're in education, engineering, or business, there's a place for you.

At its core, DPLS upholds one mission: to make legal knowledge accessible and relevant to everyday life. By doing so, it fosters a deeper understanding of how the law shapes the world, even for those not pursuing a legal career.

Redefining Relevance Amidst Challenges

Like many organizations, DPLS has faced challenges: declining engagement, accreditation hurdles, and the shifting demands of a post-pandemic student body.

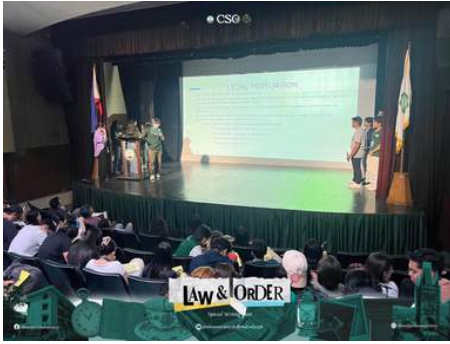
Gone are the days of grand-scale events; in their place came smaller, more focused initiatives that prioritize quality over quantity.

During the pandemic, DPLS pivoted online with livestreamed legal talks, recorded seminars, and even interactive movie nights. Though engagement varied, these adaptations sparked a renewed sense of purpose and a stronger commitment to its advocacy: making the law understandable and relatable.

Empowering through Education

In the past year, DPLS launched meaningful events:

- **Power of kNOwledge:** A seminar tackling Online Sexual Abuse and Exploitation of Children (OSAEC), featuring ten speakers and a diverse audience.
- **PEACE:** A spiritual and mental wellness initiative exploring the intersection of law and emotional health.
- **Law and Order: Special Writing Unit:** A dynamic legal writing workshop blending lectures, debates, and hands-on training.



*Law and Order: Special Writing Unit, April 4,
Tanghalang Julian Felipe.*

These events weren't just academic—they were powerful reminders that the law, at its core, is about people.

A Community of Learners

DPLS is built not by lawyers, but by passionate learners committed to sharing legal knowledge. Through the effort of dedicated officers and members, the organization continues to grow in reach and relevance. Recognition from the College of Law and increased event participation affirm that progress, however gradual, is still progress.

Every activity, regardless of turnout, is designed to make the law approachable. DPLS believes that legal knowledge should never be out of reach. Members contribute to a learning community where law is made accessible, not just for future lawyers, but for anyone who wants to understand how it shapes everyday life.

In every seminar, discussion, and initiative, DPLS reaffirms its advocacy - that law is for everyone. It is never too late, too complex, or too far removed to learn how the law affects us all.

“Because at DPLS, knowledge isn't just power. It's shared.”

-Elaine Olona, Executive Director, DPLS





Aklatang KAISA brings Literacy and Hope to Dasmariñas Communities



NSTP-CWTS students facilitate a learning session with community children.

In a heartening demonstration of community spirit and dedication to education, Aklatang KAISA inaugurated two new community libraries in Dasmariñas, Cavite this April. The first library opened on April 12 in Barangay San Nicolas II, followed by another on April 16 at the Bahay Tuluyan ng mga Bata, a shelter for girls.

These initiatives were spearheaded by the NSTP-CWTS Office of De La Salle University-Dasmariñas (DLSU-D) in collaboration with NSTP-CWTS classes 2004 and 2011. The project was coordinated by Ms. Ethel Protomartir-Cacayuran, a faculty member of NSTP-CWTS and the Project Leader of KAISA, an independent organization comprised of Ship for Southeast Asian and Japanese Youth Program (SSYEAP) alumni.

Aklatang KAISA aims to foster a culture of reading and learning by providing accessible educational resources to underserved communities. The libraries are stocked with a diverse collection of books and learning materials, catering to various age groups and interests. These spaces are designed not only as repositories of knowledge but also as safe havens where community members can gather, learn, and grow together.



An NSTP-CWTS student leads a storytelling session.



NSTP-CWTS students bring their donated books to Barangay San Nicolas II.

The establishment of these libraries is a testament to the power of collective action and the enduring impact of community service. By bringing together alumni, students, and faculty, the project underscores the importance of giving back and investing in the future of local communities.

For more information and updates on Aklatang KAISA's initiatives, please visit their official Facebook page: <https://www.facebook.com/AklatangKaisa>

NSTP-CWTS Students Champion Green Mobility at DLSU-D's "iWHEEL" Event

De La Salle University-Dasmariñas, Cavite – April 4, 2025 — NSTP-CWTS students mostly from BIT13 took an active part in promoting sustainable transportation during the soft launch of DLSU-D's "iWHEEL" Green Transportation Program held at Br. Augustine Boquer FSC Heritage Complex.

Building on their success in organizing the Larga Lasalyano Bike Run Project last semester, they once again demonstrated their commitment to environmental advocacy and campus sustainability.



i Wheel organizers and participants pose for a group photo.

The “i WHEEL” event organized in collaboration with the Campus Sustainability Office, GSO Safety and Health Wellness Team, and AAMO carried the theme:

“i WHEEL for my health, i WHEEL for the environment, i WHEEL for my campus.”

The program began at 3:00 PM with registration and an opening prayer by Rohanna Jalyn Francisco, while Health and Safety Director Br. Fernando “Dan” Sanding, FSC welcomed the attendees and encouraged a deeper commitment to green practices.



BIT13 students with their professor, Julius Tibayan (center-right).

A highlight of the event was the Solidarity Bike Ride at University Lane. Students, faculty, and staff joined the ride to collectively promote alternative, eco-friendly mobility options. The event concluded with a group photo and closing remarks from Mr. Benjie Perdigones who emphasized the role of individual and collective action in creating a more sustainable future.



NSTP-CWTS faculty member and CSA Associate Director Julius Tibayan joins the Solidarity Bike Ride with his students.

Both the “i WHEEL” initiative and the Larga Lasalyano Bike Run align with key United Nations Sustainable Development Goals (SDGs) notably: SDG 3: Good Health and Well-being, SDG 11: Sustainable Cities and Communities, SDG 13: Climate Action, and SDG 15: Life on Land.

By taking an active role in these programs, NSTP-CWTS students serve as catalysts for change, demonstrating how youth leadership can drive meaningful contributions to sustainability on campus and beyond.

NSTP-CWTS Students Spearhead Community Projects



An NSTP-CWTS student engages community children in a lesson on polygons.

The National Service Training Program - Civic Welfare Training Service (NSTP-CWTS) students conducted community service projects throughout April 2025 implementing activities that aimed to address social needs across partner barangays and institutions.

Empowering Education and Lifelong Learning

Students from multiple sections organized educational initiatives. The "Old School, New Tricks: Empowering Lifelong Learners" project introduced teaching methods to community members, while the "EDUVENTURE: Lasallian Bridges of Tomorrow" initiative created educational pathways for participants. These projects focused on accessible education for different age groups.

Health and Wellness Advocacy

Students organized health programs including the "Healing Hearts" and the "Bukas Fit, Hindi Bukas-Sakit" projects. These initiatives provided health screenings, wellness education, and fitness activities to community members. On the other hand, the "Think Positive: Taking Care of Your Mental Health" project addressed psychological well-being through mental health awareness sessions and support resources.



NSTP-CWTS Chair Jem Puchero (right) joins a group photo following an outreach activity at Brgy. San Nicolas II, City of Dasmariñas, Cavite.

Youth Development and Skills Training

NSTP-CWTS students also conducted the "MOMPREENEUR: Habi ng Kabuhayan" project which provided participants with entrepreneurship skills and livelihood opportunities while the "KAISA: Knowledge Advancement for Inspiring Student Achievers" program offered academic support and mentorship for students.



Community children joyfully play the traditional game Piko.

Community Engagement and Children Advocacy

The month included advocacy programs such as "Larolaya: Larong Pinoy para sa Pagkakaisa" which used traditional Filipino games for community engagement, and the "Embracing Persistence" project that promoted resilience and community-based problem-solving.



NSTP-CWTS faculty member Ms. Rose Villanueva (left) poses with community participants (center) and her student during the outreach activity.

Looking Forward

The completion of diverse projects across various communities and institutions illustrates how NSTP-CWTS serves as a platform for sustained social engagement, connecting academic learning with practical community service while simultaneously building students' civic awareness, leadership capabilities, and cultural understanding.

NSTP-CWTS students take part in water rescue and survival skills training

Approximately 1,545 NSTP-CWTS students completed a water rescue and survival course led by trainers from the Rescue 177 Training Center on April 13, May 3, and 11 held at DLSU-D's swimming pool.

Its aim was to enhance students' disaster response capabilities in alignment with Republic Act 10121, mandating the integration of Disaster Risk Reduction Education into the School Curricula including the National Service Training Program (NSTP).



CWTS students demonstrate victim extrication using a spine board.

NSTP-CWTS Chair Jemily Puchero said, "it had been an invaluable opportunity for students as they have experienced practical ways on how to survive and perform water rescues safely and effectively."

Participants were also given practical exercises on survival floating and strokes, water rescue and Basic Life Support with CPR for a drowning victim.



Rescue 177 trainers demonstrate survival swimming techniques.

As one of the student participants said,

“We have learned an important life skill that can also be lifesaving for others. I look forward to experiencing more of this in the future.**”**

The water rescue and survival skills training is part of the DRRM training program conducted by the NSTP-CWTS Office every school year in partnership with accredited training providers like Rescue 177 Training Center.



Participants perform a survival stroke technique.

DLSU-D's NROTCU Cadets Join Shipboard Tour at Naval Operating Base Subic



Shipboard tour participants aboard BRP Antonio Luna.

SUBIC, ZAMBALES - On April 12, 2025, cadets from the 267th Naval Reserve Officer Training Corps Unit (NROTCU) of De La Salle University-Dasmariñas (DLSU-D) participated in a one-day shipboard tour at the Naval Operating Base Subic in Barangay Cawag, Subic, Zambales. This educational tour provided MS2 cadets with hands-on exposure to naval heritage, operations, and maritime defense capabilities.

The activity aimed to deepen the cadets' understanding of the Philippine Navy's history, mission, and assets. Through guided tours of naval ships, practical demonstrations, and interactive briefings, cadets explored ship functions and essential maritime protocols.

Cadets boarded three war ships - BRP Jose Rizal FF150, BRP Adress Bonifacio PS-17, and BRP Antonio Luna FF151 - each equipped with advanced facilities and state-of-the-art radar systems. They observed command routines, practiced using navigation equipment, and learned about the daily duties of naval personnel.



DLSU-D NROTCU delegates, training staff, and faculty companions pose for a group photo.



A Philippine Navy Officer orients the tour delegates aboard BRP Jose Rizal, the Philippine Navy's Flagship.

By connecting theoretical instruction with real-world applications, the tour enhanced leadership development and military preparedness. It also fostered camaraderie and teamwork among cadets.

This initiative supports the 267th NROTCU's mission to train future-ready naval reservists equipped with operational knowledge, technical skills, and a commitment to public service.

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