

June-July 2026

OSS NSPIRE

(OSS Newsletter for Student Programs, Initiatives, and Recent Engagements)



Building Communities of Care



Featured Student Organization: DLSU-D Chorale

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From Campus to Career: SWC Champions Career Readiness and Well-Being at IMPACT Career Fest 2026

Preparing students for life after graduation extends beyond helping them secure employment—it also means equipping them with the confidence, resilience, and self-awareness needed to thrive in the workplace. Guided by this commitment, the Student Wellness Center (SWC) joined the DLSU-D IMPACT Career Fest and ProSpace Job Fair 2026 on June 9–10, 2026, at Salrial Hall and the Purificacion Borromeo Hall (PBH) Courtyard.

Organized in partnership with the Advancement and Alumni Relations Office (AARO), the two-day event carried the theme “Industry Mechanism for Professional Accessibility Through Career Transition (IMPACT).” It brought together industry partners, government agencies, graduating students, and alumni to foster career opportunities, professional networking, and employment pathways.

While participating organizations connected students with potential employers and career prospects, SWC highlighted an equally vital aspect of career success—personal well-being and career preparedness.

Through its Career Booth, the Center emphasized that a successful career begins not only with technical competence but also with emotional resilience, healthy coping strategies, and informed career decision-making.

Throughout the event, SWC counselors provided an engaging space where students could strengthen their career readiness through various interactive services and activities. Participants explored their strengths and career interests through assessments and screenings, gained practical experience through mock interviews, and received personalized résumé coaching and reviews. The booth also featured career trivia, career pathway activities, informative videos and infographics, and one-on-one conversations with counselors that encouraged students to reflect on their aspirations and navigate career-related concerns with confidence.

SWC also distributed practical giveaways, including notebooks, memo pads, pens, pencils, and highlighters, as simple reminders that preparation and self-care go hand in hand throughout one’s professional journey.

More than an information booth, SWC's presence reinforced the connection between career development and mental wellness. While qualifications and skills may open doors to employment, resilience, emotional intelligence, and self-awareness can help individuals sustain long-term success and fulfillment in their chosen professions.

As DLSU-D continues to create opportunities for its students and alumni, SWC remains committed to supporting Lasallians through different stages of their journey—from enrollment to employment and beyond. Its participation in IMPACT Career Fest 2026 reaffirmed this commitment as graduating students prepare to transition into the professional world.



SWC counselors engage with graduating students from various colleges through interactive career readiness and wellness activities during IMPACT Career Fest 2026.

267th NROTCU Joins DLSU-D Impact Career Fest 2026

The Philippine Navy and the Philippine Marine Corps, in collaboration with the 267th Naval Reserve Officers' Training Corps Unit (NROTCU), conducted an information and recruitment drive during the Impact Career Fest 2026 at De La Salle University-Dasmariñas (DLSU-D) on June 9 to 10, 2026.



Philippine Marine Corps personnel prepare for the recruitment drive at DLSU-D.

Recruitment booths were set up at the Purificacion Borromeo Hall (PBH) Courtyard by the Philippine Fleet and the Philippine Navy, while the Philippine Marine Corps established its information booth in front of the Salrial Building. The activity introduced graduating students to career opportunities, service commitments, and leadership pathways within the country's naval service.



Officers of the 267th NROTCU assist the Philippine Marine Corps in setting up its recruitment booth.

As DLSU-D hosts its own Naval Reserve Officers' Training Corps Unit, the recruitment drive gave students firsthand access to military personnel who shared insights into joining the Philippine Navy and the Philippine Marine Corps. Interested applicants also had the opportunity to inquire about qualifications, application procedures, and the benefits of serving the nation through military service.

The activity reflected successful coordination between the university and the participating military units. The recruitment initiative also reaffirmed their shared commitment to inspiring future leaders and encouraging young Filipinos to pursue careers in public service and national defense.

NSTP-CWTS Honors Outstanding Students, Community Partners



Department of Education-Dasmariñas Public Schools District Supervisor Dr. Mark Jayson Espinosa delivers an inspirational message to NSTP-CWTS students.

The National Service Training Program-Civic Welfare Training Service (NSTP-CWTS) of De La Salle University-Dasmariñas recognized the dedication and achievements of its students, partner communities, and institutional collaborators during its Recognition Program on June 3, 2026 at the Ayuntamiento de Gonzalez Reception Hall.

Carrying the theme “Guiding Hands: Recognizing Excellence in Serving the Community,” the program opened with welcome remarks from Office of Student Services (OSS) Dean Dr. Jacqueline Morta. She highlighted the importance of recognizing individuals and organizations whose commitment has contributed to the success of the University’s community engagement initiatives.

Department of Education-Dasmariñas Public Schools District Supervisor Dr. Mark Jayson Espinosa served as keynote speaker. Drawing from his own experiences as an NSTP-CWTS student, Espinosa shared how participating in community outreach activities shaped his values of leadership, compassion, and service. He encouraged students to embrace their social responsibility through meaningful community service, emphasizing the potential of volunteerism to create lasting positive change.



NSTP-CWTS students receive their certificates from Awards Committee Chair Ms. Roselie Villanueva (in black) and NSTP-CWTS Chair Ms. Linda Lou Palomino (in red).

Among the highlights of the ceremony was the presentation of plaques of appreciation to partner communities and institutions for their collaboration and support in implementing community engagement programs. These partnerships have provided students with opportunities to apply their knowledge and skills while responding to the needs of communities.

Exemplary NSTP-CWTS students were also recognized with certificates and medals for their outstanding performance, leadership, and commitment to community service throughout the academic year.

Speaking on behalf of the awardees, Outstanding NSTP-CWTS Student Angel May Murillo reflected on her journey in the program. She shared how serving persons with disabilities during community outreach activities transformed her perspective on empathy, inclusivity, and social responsibility. Murillo encouraged her fellow students to continue extending compassion and service beyond the classroom, noting the lasting impact of genuine community engagement on both volunteers and beneficiaries.

NSTP-CWTS Chair Ms. Linda Lou Palomino concluded the program by expressing her gratitude to the University administration, faculty members, partner communities, institutions, and students for their collective efforts in making NSTP-CWTS a meaningful avenue for nation-building and community development. She emphasized that the recognition program not only celebrated achievements but also encouraged future generations of students to uphold volunteerism, civic responsibility, and servant leadership.

A fellowship luncheon capped the ceremony, giving participants an opportunity to celebrate the awardees and strengthen partnerships that support the University's commitment to community service.

HF, Vicissitude Hold Year-End Workshops

The HERALDO FILIPINO (HF) and Vicissitude capped the academic year with separate year-end workshops on June 8 and 9, 2026, respectively, celebrating their accomplishments and strengthening camaraderie among their editorial board members and staff.

HF held its whole-day workshop at Centennial Hall on June 8, while Vicissitude gathered for an overnight workshop at the Retreat and Conference Center (RCC) from June 8 to 9.

Both activities provided the student publications an opportunity to look back on their milestones throughout the academic year and recognize their most active officers and members. Games and interactive activities also added lighthearted moments to the gatherings that allowed the student journalists to bond outside their usual publication work.

Vicissitude added a recreational activity to its overnight workshop with a swimming session at the University pool, giving its members more time to unwind and enjoy each other's company.

Through their respective year-end workshops, HF and Vicissitude closed the academic year on a celebratory note, recognizing the dedication of their members and the shared experiences that shaped their work throughout the year.

SWC Psychometrician Leads Perpetualite Leadership Training



Ms. Marnil Rosaroso engages student leader-participants during the leadership training seminar. (photo courtesy of UPHS-SSC)

Student Wellness Center (SWC) Psychometrician Ms. Marnil Rosaroso served as a key facilitator at the Leadership Training Seminar 2026 organized by the Supreme Student Council (SSC) of the University of Perpetual Help System Laguna for its newly elected officers.

Held on June 1–2, 2026 at Banio Creek Farms, Silang, Cavite, the two-day leadership formation program carried the theme, “Grounded in Humility, Guided by Purpose, and Driven by Excellence.” The seminar prepared the incoming student leaders for their roles by equipping them with the knowledge, skills, and mindset needed to serve their school community.

As an alumna of the university, Rosaroso shared her professional expertise in fostering self-awareness, interpersonal effectiveness, and team dynamics—essential foundations of responsible, emotionally intelligent, and purpose-driven leadership. Through engaging activities and guided reflections, she emphasized the importance of effective communication, collaboration, sound decision-making, and psychological resilience in fulfilling leadership responsibilities.

Rosaroso’s participation in the seminar reflects the recognition of SWC’s expertise in promoting holistic student development beyond the DLSU-D community. By integrating psychological principles into leadership formation, the engagement also highlighted the role of mental wellness professionals in nurturing leaders who are competent, empathetic, resilient, and guided by integrity.

At Your Service!



Dr. Jenneth De Guia, RGC,
Guidance Counselor, Student Wellness Center (SWC)



Dr. De Guia At Work.

For 30 years, Dr. Jenneth De Guia, or Ms. Jing as students and colleagues call her, has quietly embodied what it means to be a Lasallian educator—not only by guiding students through academic and personal challenges but also by being a steadfast presence during some of the most defining moments of their lives.

Behind every counseling session is a simple yet profound commitment that has shaped her life's work: *"Be there, listen well, and stay with the student."*

This philosophy has remained constant throughout her three decades of service at the De La Salle University-Dasmariñas Student Wellness Center (SWC). More than a professional principle, it reflects her belief that counseling is not about providing ready-made answers or fixing problems. Rather, it is about creating a safe, respectful, and non-judgmental space where every student feels seen, heard, accepted, and valued.

As a registered guidance counselor and counseling psychologist, De Guia recognizes that every student carries unique strengths, even during seasons of uncertainty. Guided by ethics, compassion, and competence, she sees her role as accompanying students as they understand their experiences, explore possibilities, and take meaningful steps toward growth. For her, healing happens not in isolation but through genuine human connection.

This commitment mirrors the Lasallian mission that has inspired her throughout her career: Teaching Minds, Touching Hearts, Transforming Lives.

A Journey Rooted in Service

De Guia's Lasallian journey began in 1996, when she joined DLSU-D as a psychometrician. Within the same academic year, she became a full-time guidance counselor assigned to what was then the College of Secretarial Administration. Today, many of her former students are professionals serving in various offices across the University—a testament to the relationships she has nurtured through the years.

Her career has taken her across several of the University's colleges and schools, including the College of Business Administration, College of Engineering, Architecture and Technology, College of Education, College of Liberal Arts and Communication, College of Information and Computer Studies, College of Science, and DLSU-D Junior High School. Each assignment offered new opportunities to understand students' varying developmental needs while reaffirming her commitment to accompany Lasallians throughout their journey.

Among the milestones in her career, two experiences stand out.

The first came during the implementation of the K-12 program, when she was assigned to Junior High School students from Grades 7 to 10. Working with adolescents at different stages of development deepened her appreciation for developmentally appropriate guidance interventions. She witnessed firsthand how timely support during early adolescence could shape students' resilience, confidence, and decision-making in later years. The experience reinforced her belief that listening attentively to young people can make a lifelong difference.

Another defining chapter unfolded during one of the most challenging periods in recent history. From 2020 to 2022, Dr. De Guia served as Director of the Student Wellness Center, leading the office through the shift to fully online learning during the COVID-19 pandemic. As counseling services transitioned from face-to-face conversations to virtual platforms, she and the SWC team worked to ensure that students continued to receive compassionate and accessible support.

"Presence does not require a room," she reflects. "Students still needed someone to listen, stay, and remind them they were not alone."

The experience further enriched her understanding of counseling and the evolving needs of students. Those years reaffirmed that effective counseling must remain adaptable while always preserving its human-centered essence.

Beyond her counseling work, De Guia has also served as adviser of the Lasallian Peer Facilitators, SWC's auxiliary student group. From 2021 to 2025, she took on various roles in the Parents' Organization of La Salle Cavite (POLCA), including College of Science parent representative, Board of Trustees vice president, and president.

Beyond the Counseling Room

Outside the University, De Guia finds joy in activities that nurture her creativity and curiosity. She enjoys traveling, going on road trips, reading, listening to music, watching Korean and Chinese dramas, and exploring AI-generated short films. More recently, she has taken up creating fuzzy wire flowers and plants, a hobby that allows her to express her creativity.

An avid traveler, she has visited 24 countries and dreams of joining a Lasallian sojourn and someday exploring the Seven Wonders of the World, with gratitude and faith guiding her journeys.



A Legacy of Presence

Asked what continues to inspire her after three decades of service, De Guia returns to the same conviction that has guided her career from the beginning.

"Keep making time. Keep listening. Keep staying. The work is quiet, but it matters. And I remain grateful to do it here at DLSU-D."

For De Guia, the mission has never changed. Every student deserves someone willing to listen without judgment, remain present through uncertainty, and believe in their capacity for growth.

Thirty years later, she continues to live out the Lasallian mission one conversation at a time—teaching minds, touching hearts, and transforming lives.





At Your Service!

OSS Holds Second Gawad Lingkod Lasalyano Recognition Day

The Office of Student Services (OSS) celebrated service and the Lasallian spirit during its Second Gawad Lingkod Lasalyano Recognition Day on June 2, 2026 at the Ayuntamiento de Gonzalez Reception Hall.

OSS administrators, faculty, coordinators, and support staff gathered for the occasion, which recognized individuals who demonstrated outstanding commitment to student welfare, service, and community engagement.

Certificates of appreciation were presented to coordinators of key programs, including the Student Engagement Program (SEP), Reserve Officers' Training Corps (ROTC), Drug-Free Campus, OSS Research, and Cultural Arts Office (CAO). Special citations were also awarded to the ROTC Training Staff, the Vicissitude layout artist, and the Associate Director of the Student Activities Office (SAO).

Another set of recognitions honored OSS personnel who serve as officers in professional organizations, volunteer with the DLSU-D Night College, or have accomplishments in research and publication.

NSTP-CWTS faculty members with high Schoolbook utilization scores were also recognized as Schoolbook Champions for SY 2025–2026.

Medals and certificates of recognition were conferred on Mr. Jesus Rex Ceballos as Outstanding Student Formatore and Ms. Ersyllen Biñas as Outstanding NSTP-CWTS Faculty, while Ms. Louela Lacsamana was named Outstanding Guidance Counselor.

Recognized as Outstanding OSS Secretaries were Ms. Mellany Alvaran, Ms. Jean Marion Fernandez, Ms. Lucena Sambajon, Ms. Ma. Theresa Padilla, Ms. Krezia Charis Bughao, Ms. Jhannea Molina, and Mr. Edwin Jr. Abinales.

Highlighting the ceremony was the conferment of the San Benildo Romançon Gawad sa Pinakamahusay na Kawani sa Serbisyong Pang-Mag-aaral and the San Benildo Romançon Gawad sa Pinakamahusay na Guro sa Serbisyong Pang-Mag-aaral for 2026. The awards honor outstanding OSS support staff and faculty members who exemplify the ideals and values of Saint Benilde Romançon, the patron saint of OSS.

Nominees for the San Benildo Romançon Gawad sa Pinakamahusay na Kawani sa Serbisyong Pang-Mag-aaral were Ms. Mellany Alvaran of OSS, Mr. Jesus Rex Ceballos of the Student Welfare and Formation Office (SWAFO), and Mr. Jay Allan Francisco of the Student Media and Publication Office (SMPO). Alvaran emerged as this year's awardee.

Meanwhile, Student Engagement Program Coordinator Dr. Venicris Alonsozana received the San Benildo Romançon Gawad sa Pinakamahusay na Guro sa Serbisyong Pang-Mag-aaral.

The recipients of the San Benildo Romançon awards received medals and plaques of recognition from OSS, along with cash gifts from the Parents' Organization of La Salle Cavite (POLCA).



SEP coordinators receive their Certificates of Appreciation from College of Science (COS) Dean Dr. Mario Torres (far left) and OSS Dean Dr. Jacqueline Morta (second from right).



DLSU-D Night College volunteers receive their Certificates of Appreciation from COS Dean Dr. Mario Torres (far left) and OSS Dean Dr. Jacqueline Morta (far right).



Schoolbook Champions for SY 2025–2026 receive their Certificates of Recognition from COS Dean Dr. Mario Torres (far left) and OSS Dean Dr. Jacqueline Morta (far right).



Officers of professional organizations receive their Certificates of Recognition from COS Dean Dr. Mario Torres (far left) and OSS Dean Dr. Jacqueline Morta (far right).



Dr. Eric Vargas (second from left) and Dr. Venicris Alonzoza (second from right) receive their Certificates of Recognition for their research publication.



Mr. Jesus Rex Ceballos (center) accepts his award as this year's Outstanding Student Formatore.



Outstanding OSS Secretaries receive their Certificates of Recognition from COS Dean Dr. Mario Torres (far left) and OSS Dean Dr. Jacqueline Morta (far right).



Ms. Louelg Lacsamana (center) is recognized as this year's Outstanding Guidance Counselor.



Nominees for the San Benildo Romancon Gawad sa Pinakamahusay na Kawani sa Serbisyong Pangmag-aaral are presented before the announcement of the awardee.



Ms. Mellany Alvaran (second from left), recipient of the San Benildo Romancon Gawad sa Pinakamahusay na Kawani sa Serbisyong Pangmag-aaral, receives her award from Dr. Mario Torres (far left), Br. Normandy Dujunco, FSC (second from right), and Dr. Jacqueline Morta (far right).



Ms. Mellany Alvaran delivers her acceptance speech.



Dr. Venicris Alonzoana (second from left), recipient of the San Benildo Romancon Gawad sa Pinakamahusay na Guro sa Serbisyong Pang-Mag-aaral, receives his award from Dr. Mario Torres (far left), Br. Normandy Dujuncó, FSC (second from right), and Dr. Jacqueline Morta (far right).



Dr. Venicris Alonzoana delivers his acceptance speech.



OSS personnel pose for a group photo with special guests Dr. Mario Torres and Br. Normandy Dujuncó FSC, following the awarding ceremony.

OSS Year-End Assembly Celebrates Excellence, Camaraderie

The Student Welfare and Formation Office (SWAFO) hosted the Office of Student Services (OSS) Year-End General Assembly on June 17, 2026 at the Retreat and Conference Center.

Opening with a prayer, the event continued with a welcome message from the SWAFO Director Mr. Ruel Elias who welcomed attendees to the final OSS gathering of the academic year. The assembly provided an opportunity for the OSS community to reconnect, celebrate the achievements of its offices, and share a day of camaraderie.

Trivia games centered on the life of outgoing OSS Dean Dr. Jacqueline Morta added a playful touch to the program. Facilitated by Student Development and Activities Office (SDAO) Director Dr. Eric Vargas, the competition ran for three rounds with the NSTP-CWTS team emerging as champion.

OSS personnel also took the stage to showcase their talents. The Student Wellness Center (SWC), NSTP-CWTS, and Student Engagement Program (SEP) delivered musical performances, while the combined SDAO and Student Media and Publication Office (SMPO) team presented a song-and-dance number.

Mr. JM Diamante of SWAFO also demonstrated his skills in traditional martial arts kata. SEP, led by Dr. Cris Alonsozana was eventually named champion of the talent showcase.

Following lunch, a heartfelt tribute honored the leadership of Dr. Morta. As the final Dean of the Office of Student Services before the office transitions to a new name in the coming academic year, she was recognized through a video presentation highlighting her contributions. Dr. Morta expressed her gratitude to the faculty and staff for their support and prayers throughout her term and underscored the collaborative spirit that shaped her leadership.

A final prayer and a rendition of "Salamat" by The Dawn concluded the celebration. The gathering marked a fitting close to the academic year, celebrating the collective efforts of the OSS team and the lasting impact of Dr. Morta's service. As the office prepares for its next chapter, the assembly highlighted the professional bonds and shared commitment to student development that continue to define the OSS community.



Team OSS makes a heart sign for a group photo.



The SDAO-SMPO team together with the OSS Dean.



The SWC team poses with the OSS Dean.



Team SWAFO strikes a "Saudi pose" with the OSS Dean.



The NSTP-CWTS team shares smiles with the OSS Dean.



OSS Got Talent champion Team SEP poses with the OSS Dean.



The SWC performs "Kahit Maputi Na Ang Buhok Ko."



JM Diamante of SWAFO performs a traditional martial arts kata.



The NSTP-CWTS team performs Michael Jackson's classic "Heal the World."



Team SEP performs an original inspirational rap song.



The SDAO-SMPO team dances to "Baile."

DLSU-D Chorale: Thirty Years of Harmony and Excellence



Singapore International Choral Competition 2017.

A Legacy Built Through Song

The De La Salle University–Dasmariñas Chorale (DLSU-D Chorale) is one of the University's pioneer performing arts organizations under the Cultural Arts Office (CAO). While its roots trace back to 1988, the organization was re-established in 1996, marking the beginning of the 30-year legacy it celebrates today.

Currently under the direction of Mr. John Angelo Diamos, the Chorale serves as a home for student-artists from various academic disciplines, united by a shared passion for music, excellence, and service. Through the years, it has become a symbol of Lasallian artistry, enriching campus life and promoting Filipino culture through choral music.

Raising the Lasallian Banner

The DLSU-D Chorale has consistently brought honor to the University through its participation in local and international choral competitions. Its achievements include one Gold Diploma and two Silver Diplomas at the Singapore International Choral Festival in 2017, as well as participation in the Busan Choral Festival and Competition in South Korea in 2019.

In 2024, the Chorale earned three Gold Diplomas and the Special Award for Best Performance of an A Cappella Work at the Taipei International Choral Competition. The group also received Third Prize with a Gold Diploma at the Sing Tarlac Sing Choral Festival and Competition.



Taipei International Choral Competition 2024.

Its winning streak continued in 2025, when the Chorale received a Gold Diploma at the Biñan Choral Competition and earned one Gold and two Silver Diplomas at the Andrea O. Veneracion International Choral Festival. It also secured Second Prize in the Senior Choir Category of the National Music Competitions for Young Artists (NAMCYA), along with the Special Award for Best Interpretation of the Contest Piece.



Biñan Choral Festival 2025.

These accomplishments reflect the dedication of the Chorale's members, conductors, trainers, and alumni who continue to uphold its tradition of excellence.

Serving Through Music

While awards and recognitions have marked important milestones in its history, the DLSU-D Chorale's mission extends beyond competition. As a cultural ambassador of the University, the group regularly performs at institutional celebrations, liturgical services, concerts, outreach initiatives, and community engagements.



A Little Christmas: DLSU-D Chorale's Outreach Initiative.

Through these performances, the Chorale promotes Filipino culture, fosters goodwill, and shares the Lasallian spirit with audiences within and beyond the University.

Kasilakan and Beyond

On April 25, 2026, the DLSU-D Chorale celebrated its 30th Anniversary with Kasilakan, a concert paying tribute to the generations of conductors, alumni, members, and supporters who have shaped its enduring legacy.

As it enters a new chapter, the organization remains committed to artistic excellence, meaningful service, and inspiring communities through music.





OSS Lauds Lasallian Student Excellence at 27th Luntiang Parangal



DLSU-D administrators with Br. Eduardo Rivera Vizcarra (center).

The Office of Student Services (OSS), through the Student Development and Activities Office (SDAO), recognized outstanding Lasallian student leaders and organizations for School Year 2025–2026 during the 27th Luntiang Parangal on June 10, 2026, at Ugnayang La Salle.

Anchored on the theme “Pagbubunyi sa Galing ng Lasalyano,” the annual recognition ceremony honored student leaders, athletes, artists, cultural workers, campus journalists, program councils, student governments, and student organizations that demonstrated excellence in leadership, service, creativity, discipline, and meaningful involvement in student life.

Vice Provost for Academics Dr. Mary Felidora Florinor Amparo formally opened the program and underscored the value of student leadership in strengthening the Lasallian mission.

OSS Dean Dr. Jacqueline Morta delivered the closing remarks, recognizing the commitment and sacrifices of student leaders throughout the academic year.

“Behind every award is a journey shaped by dedication, sacrifice, resilience, and a genuine desire to serve fellow students. These quiet efforts and meaningful contributions are the true measure of leadership,” Morta shared in her message.



Maxenne Ignacio, recipient of the St. John Baptist De La Salle Award for Excellence in Leadership, delivers her acceptance speech.

The highest recognition, the Gawad San Juan Bautista De La Salle para sa Kahusayan sa Pamumuno, was conferred on Maxenne Ignacio of the Visual and Performing Arts Production Unit of the Performing Arts Group. Denmark Phillip Poblete, Governor of the College of Education Student Government, received the Gawad San Benildo Romançon Lider ng Taon.

In her message, Ignacio reflected on the deeper meaning of student leadership, emphasizing that every effort is rooted in a shared aspiration to help fellow students, Filipinos, and families in the spirit of St. John Baptist de La Salle. She also called for stronger student voices through focus group discussions and greater participation in matters affecting the University community.



Gawad Kultural winners, Kristofer Peter Blancaflor (second from left) and Janna Bernice Barbacena (center) receive their trophy and certificate from the Vice President for Global Engagement and External Relations (OVPGEEER) Dr. Nornelyn Cachuela (left), Cultural Arts Office (CAO) Coordinator Mr. Joel Refuerzo, and General Services Office (GSO) Director Mr. Frederick Godinez (right).

The Gawad Kultural was conferred on Kristofer Peter Blancaflor and Janna Bernice Barbacena for their outstanding contributions to culture and the arts. The Visual and Performing Arts Production Unit was also named Grupo ng Sining Pagtatanghal ng Taon.

Several student groups earned recognition for their exemplary performance during the academic year.

The Pamahalaang Pangmag-aaral ng Kolehiyo ng Inhinyeriya, Arkitektura at Teknolohiya was named Pamahalaang Pangmag-aaral ng Taon and received the Pinakamahusay na Pamahalaang Mag-aaral sa Audit award. The Junior Philippine Institute of Accountants of DLSU-D was named Konsehong Pamprograma ng Taon and recognized as Pinakamahusay na Organisasyon sa Pagsusulong ng SDG. Meanwhile, the DLSU-D Psychological Society received the Ko-Kurikular na Samahan ng Taon award, while the Sinag Society of Leaders was named Organisasyong Pang-interes ng Taon.

Outstanding student projects were also celebrated, with OBRA 21: The Perfect World named Pinakamahusay na Proyekto sa Pangingilak ng Pondo and AGAPAY: Pang OTSO Na! recognized as Pinakamahusay na Proyektong Pampaglilingkod. In campus journalism, Maria Isabella Dela Chica was named Mamamahayag Pangkampus ng Taon for visual arts, while Patricia Nicole Odulio received the recognition for writing.

Br. Eduardo Rivera Vizcarra, a De La Salle Brother and animator of Bahay Pag-asa, led the awarding of trophies together with DLSU-D administrators and a representative from the Parents' Organization of La Salle Cavite (POLCA).

Participants and guests came in Filipiniana attire, lending the event a distinct cultural character. Performances by the Performing Arts Group also brought artistry and energy to the celebration.

More than an awarding ceremony, the 27th Luntiang Parangal celebrated Lasallian commitment and highlighted student leadership rooted in service, inspiration, and meaningful contributions to others.

Through the annual recognition, SDAO continues to honor students and organizations that embody the Lasallian values of faith, zeal for service, and communion in mission.

The complete list of winners is provided below:

**Ika- 27 na Luntiang Parangal
“Pagbubunyi sa Galing ng Lasalyano”**

NO	MGA KATEGORYA NG GAWAD	PANGALAN
1	Gawad San Juan Bautista De La Salle para sa Kahusayan sa Pamumuno	Maxenne D. Ignacio
2	Gawad San Benildo Romancon Lider ng Taon	Denmark Phillip C. Poblete
3	Gawad Kultural	Kristofer Peter P. Blancaflor
4	Gawad Kultural	Janna Bernice S. Barbacena
5	Grupo ng Sining Pagtatanghal ng Taon	Visual & Performing Arts Production Unit
6	Pamahalaang Pangmag-aaral ng Taon	Pamahalaang Pangmag-aaral ng Kolehiyo ng Inhinyeriya, Arkitektura at Teknolohiya
7	Konsehong Pamprograma ng Taon	Junior Philippines Institute of Accountants (JPIA DLSU-D)

NO	MGA KATEGORYA NG GAWAD	PANGALAN
8	Ko-Kurikular na Samahan ng Taon	DLSU-D Psychological Society
9	Organisasyong Pang-interes ng Taon	Sinag Society of Leaders
10	Pinakamahusay na Proyekto sa Pangingilak ng Pondo	OBRA 21: The Perfect World
11	Pinakamahusay na Proyektong Pampaglilingkod	AGAPAY: Pang OTSO Na!
12	Opisyal ng Taon para sa Konseho ng Organisasyong Pangmag-aaral	Jammin Liz L. De Vera
13	Opisyal ng Taon para sa Grupo ng Sining Pagtatanghal	Darwin A. Casulla
14	Opisyal ng Taon para sa Pamahalaang Pangmag-aaral - CICS	Caryl Joy D. Cabrera
15	Opisyal ng Taon para sa Pamahalaang Pangmag-aaral - CCJE	Jazzmin V. Calino
16	Opisyal ng Taon para sa Pamahalaang Pangmag-aaral - CLAC	Tonnie Francine C. Roraldo
17	Opisyal ng Taon para sa Pamahalaang Pangmag-aaral – COED	Denmark Phillip C. Poblete
18	Opisyal ng Taon para sa Pamahalaang Pangmag-aaral - CEAT	Cristian James C. Catanghal
19	Pinakamahusay na Opisyal ng Taon para sa Pamahalaang Pangmag-aaral ng Kolehiyo	Caryl Joy D. Cabrera

NO	MGA KATEGORYA NG GAWAD	PANGALAN
20	Opisyal ng Taon para sa Konsehong Pamprograma	Ritchel G. Pasadas
21	Opisyal ng Taon para sa Ko-Kurikular na Samahan	Regina Mikaela D. Alcaide
22	Opisyal ng Taon para sa Organisasyong Pang-interes	Safe Lrich F. Sales
23	Mamamahayag Pangkampus ng Taon (Artist Biswal)	Maria Isabella R. Dela Chica
24	Mamamahayag Pangkampus ng Taon (Manunulat)	Patricia Nicole C. Odulio
25	Pinakamahasay na organisasyon sa pagsusulong ng SDG	Junior Philippines Institute of Accountants (JPIA DLSU-D)
26	Pinakamahasay na Pamahalaang Mag-aaral sa Audit	Pamahalaang Pangmag-aaral ng Kolehiyo ng Inhinyeriya, Arkitektura at Teknolohiya
27	Huwarang Kolehiyo sa Disiplina ng Taon (Kategorya ng malalaking kolehiyo)	Kolehiyo ng Malalayang Sining at Komunikasyon
28	Huwarang Kolehiyo sa Disiplina ng Taon (Kategorya ng maliliit na kolehiyo)	Kolehiyo ng Edukasyon
29	Tahanan ni San Juan Bautista De La Salle para sa Kahusayan sa Pamumuno	Cultural Arts Office

PANIMOLA 2026 Facilitators Gear Up to Welcome Freshmen



PANIMOLA facilitators listen attentively during the session.

Volunteer faculty members of De La Salle University-Dasmariñas (DLSU-D) attended the PANIMOLA 2026 Facilitators' Orientation on July 21, 2026 at the Ayuntamiento de Gonzalez Reception Hall. Organized by the Office of Student Services (OSS), the orientation prepared facilitators for their role in guiding incoming freshmen during Day 2 of the University's freshman orientation week, scheduled from July 27 to 31, 2026.



OSS Dean Dr. Jacqueline Morta presents the PANIMOLA 2026 calendar of activities.

PANIMOLA is DLSU-D's weeklong orientation program designed to introduce freshmen to the university's mission, values, traditions, and student life.

During the orientation, Dr. Jacqueline Morta, Dean of the Office of Student Services (OSS) presented the PANIMOLA 2026 calendar of activities with particular emphasis on the Day 2 program. She discussed the facilitators' classroom assignments, introduced facilitators pairings, and provided key reminders on their responsibilities before, during, and after the orientation sessions.

The orientation also featured the two modules that facilitators will deliver to freshmen.



ULFO Director Diana Jean Roque discusses the module on the life and legacy of St. John Baptist de La Salle.

The first module, presented by Ms. Diana Jean Roque, Director of the University Lasallian Family Office (ULFO) centered on the life and legacy of St. John Baptist De La Salle. Facilitators were trained to present the lesson in a way that encourages reflection and inspires commitment to the Lasallian core values of faith, service, and communion.



SWAFO Director Ruel Elias introduces the SPADE Program.

The second module was delivered by Mr. Ruel Elias, Director of the Student Welfare and Formation Office (SWAFO), and focused on the SPADE Program.

The session equipped facilitators with essential information from the DLSU-D Student Handbook, highlighting students' rights and responsibilities, as well as the standards of conduct expected of Lasallians.

Beyond the program's content, the orientation underscored the vital role of facilitators as mentors and guides. Through their leadership and support, they are expected to help create a welcoming, engaging, and meaningful orientation experience for the University's newest Lasallians.

PANIMOLA 2026 Welcomes DLSU-D Freshmen, Transferees

More than a week of orientation, PANIMOLA 2026 officially welcomed the newest members of the Lasallian community to De La Salle University-Dasmariñas (DLSU-D). From July 27 to 31, thousands of freshmen and transferees participated in activities designed to introduce them to university life, foster meaningful connections, and immerse them in the Lasallian values of faith, service, and communion in mission.

Centered on building community and belonging, PANIMOLA 2026 brought together administrators, faculty members, student leaders, student organizations, and university offices to create a memorable and engaging transition experience for DLSU-D's newest Lasallians.



Freshmen officially begin their Lasallian journey as they participate in the Animo Walk during the opening day of PANIMOLA 2026.

A Warm Lasallian Welcome

The week officially opened with the much-anticipated Animo Walk, where freshmen were greeted by enthusiastic student leaders, faculty members, and administrators. The celebration filled the campus with energy as new students took their first steps as Lasallians.

In his opening message, Br. Iñigo Riola, FSC, President of DLSU-D, reminded the students that joining DLSU-D means becoming part of a global Lasallian family spanning more than 80 countries and over a thousand educational institutions worldwide. He encouraged them to embrace opportunities for growth while remaining committed to the Lasallian ideals of faith, service, and community.

The opening day also featured a Eucharistic Celebration, reinforcing the University's commitment to spiritual formation as an integral part of the Lasallian educational experience.



Freshmen participate in a meaningful reflection activity, reflecting on their goals and aspirations as members of the Lasallian community.

Discovering Campus Life

Day 2 introduced students to the diverse opportunities available beyond academics. Through the Meet the Founder Sessions, freshmen learned about the vision and history of the University, while the Special Program on Advanced Discipline Education (SPADE) provided guidance on responsible student conduct and community standards.



Student organizations showcase leadership, service, and engagement opportunities during the PANIMOLA Recruitment Booths.

Across the campus, the diverse recruitment booths showcased student organizations invited freshmen to explore leadership opportunities, advocacy groups, interest-based organizations, publications, and co-curricular activities. The event highlighted the University's commitment to holistic student development and active campus engagement.

Exploring Colleges and Campus Spaces

Days 3 and 4 focused on helping students become familiar with their academic homes through a series of college orientations and campus tours. Freshmen attended orientations organized by their respective colleges, including CBAA, CCJE, COEd, CICS, COS, CLAC, CEAT, and CTHM where they learned about academic expectations, student support services, and opportunities for personal and professional growth.



Incoming students participate in their respective college orientations, where they are introduced to their academic programs, college policies, and student support services.

Campus tours gave students a firsthand look at the University's facilities, learning spaces, laboratories, libraries, student centers, and recreational areas. Guided by student volunteers and organization leaders, the tours helped freshmen become familiar with the campus while building friendships with fellow Lasallians.

The orientation was further enlivened by performances from the University's Performing Arts Groups (PAGs), showcasing the creativity, talent, and cultural vibrancy of the Lasallian community.

Reflection, Faith, and Celebration

The final day of PANIMOLA 2026 centered on reflection and gratitude. Students participated in a Reflection Session, providing an opportunity to process their experiences, appreciate their transition into university life, and reflect on their personal aspirations as Lasallians.

The week culminated with a Eucharistic Celebration, gathering the community in thanksgiving for a successful orientation and the beginning of a new academic journey.

On the other hand, Student L.I.F.E. FroshFest 2026 featured performances by the University's Performing Arts Groups and special guest performers Nameless Kids, transforming the campus into a vibrant celebration of music, talent, and Lasallian spirit.

Building the Future, One Lasallian at a Time

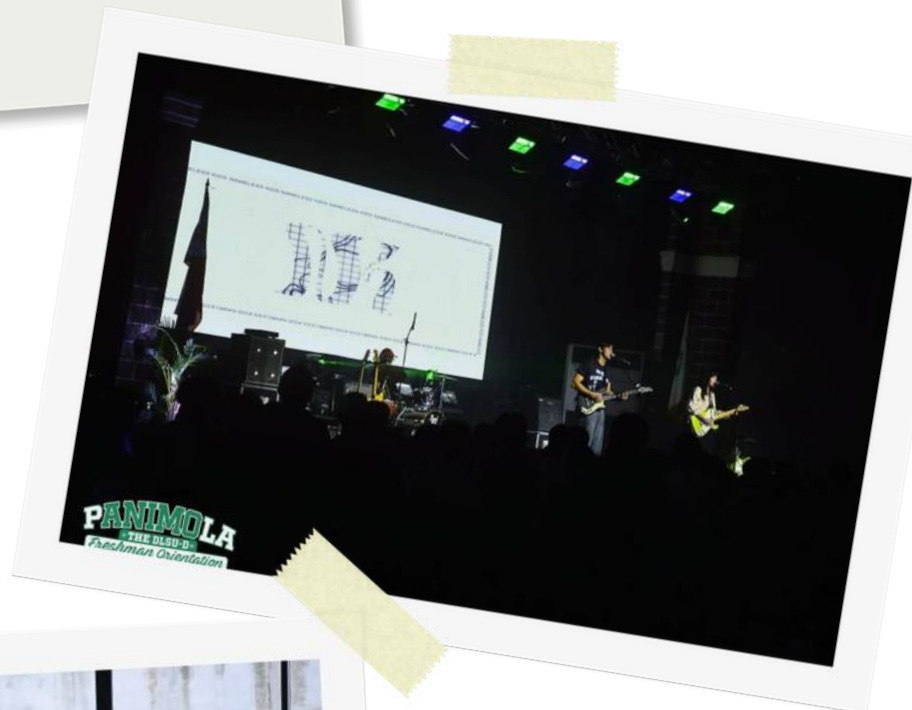
PANIMOLA 2026 marked the beginning of the freshmen's Lasallian journey, providing opportunities to build friendships, discover campus life, and embrace the University's mission of forming leaders grounded in faith, service, and communion in mission.

As the Class of SY 2026–2027 embarks on its college journey, PANIMOLA 2026 leaves a lasting reminder that every Lasallian story begins with a welcoming community and a shared commitment to excellence and service.

Animo La Salle! Welcome home, Class of SY 2026–2027.



Lasallian performers energize the audience with captivating performances during PANIMOLA 2026.



Students celebrate the successful conclusion of PANIMOLA 2026 during Student L.I.F.E. FroshFest, highlighted by performances from university talents and guest artists.



Freshmen learn about the University's history, mission, and vision during the Meet the Founder Session.

SWC Leads Work-Life Balance Discussion During ICTC Wellness Day

Information and Communication Technology Center (ICTC) personnel explored practical strategies for achieving work-life balance during the unit's Wellness Day held on July 16. Facilitated by Student Wellness Center (SWC) Director Ms. Agnes Gibas, the session encouraged participants to prioritize personal well-being as a foundation for sustaining excellence in the University's academic and administrative support services.

Themed "Balance Today, Better Tomorrow," the discussion encouraged participants to reflect on the true meaning of work-life balance by examining common myths and misconceptions surrounding the concept. It also explored the causes and effects of stress and burnout, their impact on personal well-being and workplace performance, and practical self-assessment and self-care strategies that participants can incorporate into their daily routines.

Emphasizing that work-life balance is not about achieving a perfect 50-50 division between work and personal life, Ms. Gibas highlighted that it is about intentionally allocating one's time and energy according to changing priorities and life roles.

Through guided reflection and a personalized work-life balance self-check, ICTC personnel were encouraged to assess their current well-being and identify areas that require greater attention and balance.

The discussion likewise underscored the importance of preventing disengagement and burnout by cultivating self-awareness, maintaining enthusiasm for work, continuously developing professional competence, and upholding quality standards in service delivery. Participants reflected on how caring for their own well-being enables them to remain productive, resilient, and effective in fulfilling both their professional and personal responsibilities.

The ICTC Wellness Day concluded with recreational and team-building activities that complemented the morning learning session. Together, the activities provided ICTC personnel with opportunities to learn, connect, recharge, and reaffirm their commitment to personal well-being and organizational excellence.

SWC joins LLD's Consultative Discussion on Student Mental Health Management

Recognizing the vital role of faculty members in promoting student well-being, the Student Wellness Center (SWC) joined the Languages and Literature Department (LLD) by facilitating a consultative discussion on student mental health management. Held on July 22, the session, themed "From Noticing to Caring," brought together LLD faculty members for a meaningful conversation on recognizing student distress, responding with empathy while maintaining appropriate boundaries, strengthening referral practices, and fostering a supportive academic environment.

SWC Director Agnes Gibas and CLAC Counselor-in-Charge Glessie Cantada facilitated the session. The discussion covered the following key topics: identifying signs of student distress, appropriate faculty responses and professional boundaries, referral protocols to SWC, responding to sensitive student disclosures, reducing mental health stigma, cultivating a culture of empathy and care within the department, and promoting faculty well-being.

The department recognized the importance of the consultation, noting that faculty members often serve as students' first point of contact and act in loco parentis while students are on campus. As educators who regularly engage with a diverse student population through general education courses, they acknowledged the need to continually strengthen their understanding of university protocols, available support services, and referral procedures to ensure that students experiencing personal or mental health concerns receive timely and appropriate assistance.

During the session, Ms. Gibas discussed the academic, emotional, and behavioral indicators of student distress that may manifest in the classroom. She guided faculty members through practical approaches to initiating supportive conversations, asking compassionate and appropriate questions, responding to sensitive disclosures while maintaining professional boundaries, and encouraging students to seek professional help when necessary. She also emphasized that even small acts of understanding, consistency, and genuine concern can help create a classroom environment where students feel safe, valued, and supported.

Complementing the discussion, Ms. Cantada shared practical academic accommodations and classroom strategies that faculty members may consider to better support students experiencing personal challenges while upholding academic standards. She also highlighted the importance of faculty wellness by introducing simple yet effective self-care and stress management practices that educators can incorporate into their daily routines.

The session concluded with a reminder that caring for students begins with caring for oneself and that a compassionate academic community is built through shared responsibility, collaboration, and mutual support.

Through initiatives such as "From Noticing to Caring," SWC continues to strengthen its partnership with academic units in advancing a mentally healthy, compassionate, and student-centered Lasallian learning environment.

Contributors

Contributors

Jacqueline Morta, PhD
Agnes Gibas, RGC
Dr. Jenneth De Guia, RGC
Eric Vargas, DBA
Jemily Puchero, MDMG
Joan Bermundo
Ruel Elias, MM
Linda Lou Palomino, LPT, MAEd
Marnil Rosaroso, RPh
Darwin A. Casulla

Editor

Jemily Puchero, MDMG

Layout Artist

J.A. Morta, COM42

Photo Credits

The HERALDO FILIPINO Facebook Page

<https://www.facebook.com/heraldofilipino>

DLSUD Performing Arts Group Facebook Page

<https://www.facebook.com/dlsudperformingartsgroup>

Animola: The DLSUD Freshman Orientation Facebook Page

<https://www.facebook.com/dlsudanimola>

DLSU-D Strategic Communications Office



DLSU-D Office of Student Services