

October 2024

OSS NSPIRE

(OSS Newsletter for Student Programs, Initiatives, and Recent Engagements)



Fostering Quality and Innovation in Student Services



Featured Student Organization: Hotel and Restaurant Management Society

Table of Contents

01

**Student organization events
for October 2024**

07

**The Student Wellness Center:
Fostering commitment to
student well-being and holistic
growth**

09

**OSS Dean joins webinar on
preparation and review of
Student Manuals**

10

**OSS prepares for ISO
Standards**

11

At Your Service!

15

**OSS administrators take part
in business writing lecture**

16

**The RIGHT to Quality
Education and a Safe
Learning Environment**

17

**SWC Growth Sessions:
Championing Mental Health
Awareness**

19

**Faculty trainings cover child
rights programming, tech in
education**

21

**SWC's TARA, USAP TAYO:
Open Conversations,
Lasting Support**

23

**Featured Student Organization:
Hotel and Restaurant
Management Society**

Student organization events for October 2024

This October, various recognized student organizations planned and implemented the following events as approved and monitored by SDAO and OSS.



BREAST TO IMPRESS: A Comprehensive Campaign on Breast Cancer Awareness

Date: October 2, 2024

Venue: Tanghalang Julian Felipe (TJF)

This event was specifically designed to inspire the female sector by raising breast cancer awareness and breaking the stigma that goes with it. This endeavor cultivates a culture of proactive healthcare on women's health by equipping students, faculty, staff, and the rest of the DLSU-D community with sufficient knowledge about this illness.

APEX: Soaring to New Heights in Leadership

Date: October 3, 2024

Venue: Eugenio Cabezas and CBAA Azotea

This activity aims to engage Accountancy students on the use of data driven insights and analytics in the decision-making process of an accountant. Moreover, this event also aims to enhance their leadership abilities by providing them with tools and strategies needed to lead effectively. These include developing skills such as communication, decision-making, conflict resolution, and team management.

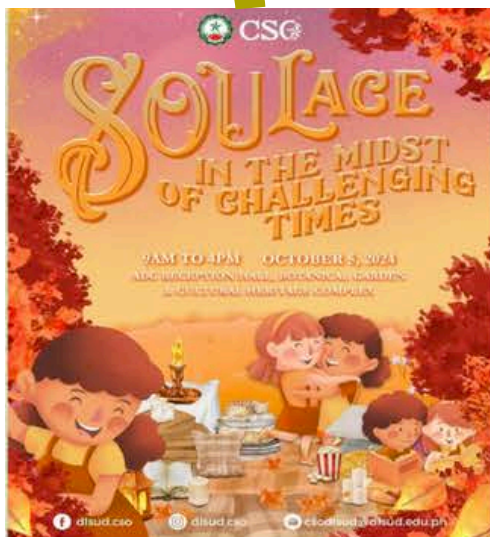
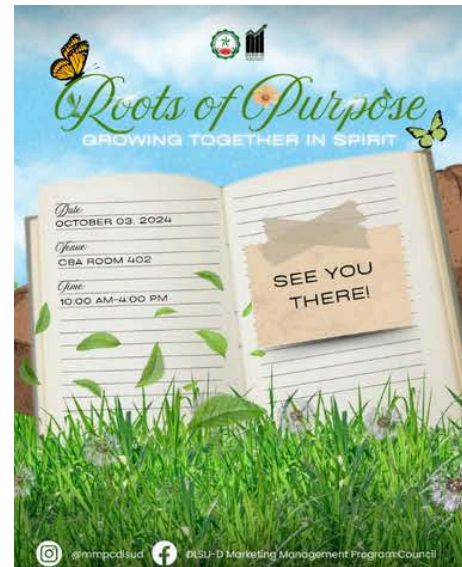


Roots of Purpose: Growing Together in Spirit

Date: October 4, 2024

Venue: CBA Rooms

This event entitled “Roots of Purpose: Growing Together in Spirit” focused on the personal growth and empowered participants with knowledge and practical means to improve their spiritual life and maintain a healthy, and purposeful lifestyle.



SOULace: In the Midst of Challenging Times

Date: October 5, 2024

Venue: ADG Reception Hall, Heritage Complex and Botanical Garden

This event aimed to help students develop into efficient, dedicated, and thriving student-leaders through workshops, talks, and various activities. This also provided an opportunity for them to reflect on their spiritual journey, strengthen their relationship with God, and challenge their abilities through a supportive environment that motivates them to lead, serve, and make a difference.



Roots of Change: Nurturing Future Stewards

Date: October 18-24, 2024

Venue: Bahay Tuluyan

This event intended to empower children through environmental education by promoting long-term environmental stewardship and personal responsibility. By engaging in hands-on planting activities, children gained valuable skills and insights into how their actions can positively impact the environment.

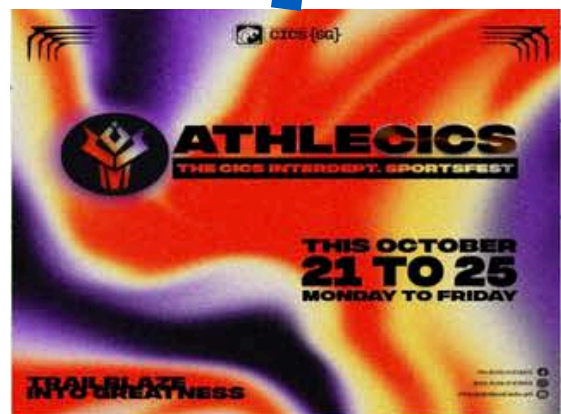
AthleCICS: The CICS Interdepartmental Sportsfest

Date: October 21-25, 2024

Platform: Facebook

Venues: Grandstand, ULS, and MTH Court

"AthleCICS: The CICS Interdepartmental Sportsfest" engaged CICS students in sports through an enjoyable, interactive, and competitive environment, preparing them for the upcoming intercollegiate sportsfest. By promoting sportsmanship both individually and collectively, the initiative helped nurture character development while fostering growth in students' mental and physical well-being.



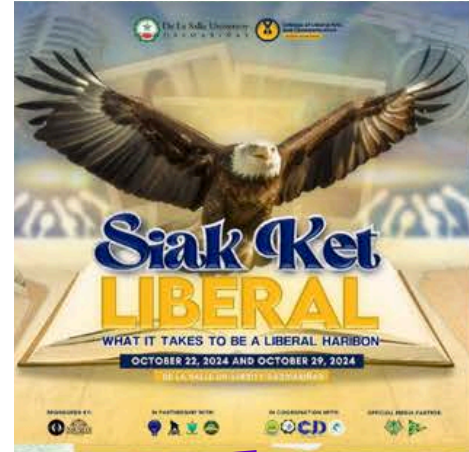
SIAK KET LIBERAL: What it Takes to be a Liberal Haribon

Date: October 22 and 29 2024

Venue: Tanghalang Julian Felipe, Bulwagang Jose Basa, GDO Rooms, Eugenio Cabezas, JFH Rooms

“Siak Ket” is an Ilocano phrase which means “I am,” thus, the phrase Siak Ket Liberal means “I am a Liberal,” or “Ako ay Liberal.”

This two-day event pursued as its core goal, what it takes to be a Liberal Haribon. This workshop and competition conference, organized by the CLACSG, offered a wide range of opportunities for participants to enhance their liberal arts skills through the combined impact of both theoretical and practical learning.



EEE UNITE: Sparking Innovation Together

Date: October 23, 2024

Venue: RCC

The goal of “EEE UNITE: Sparking Innovation Together” was to promote cooperation among EEE students and equip them with a deeper understanding of the program they are pursuing—the two essential elements for the success of any organization.



Perfectly ImPEERfect: Appreciating The Fairest You

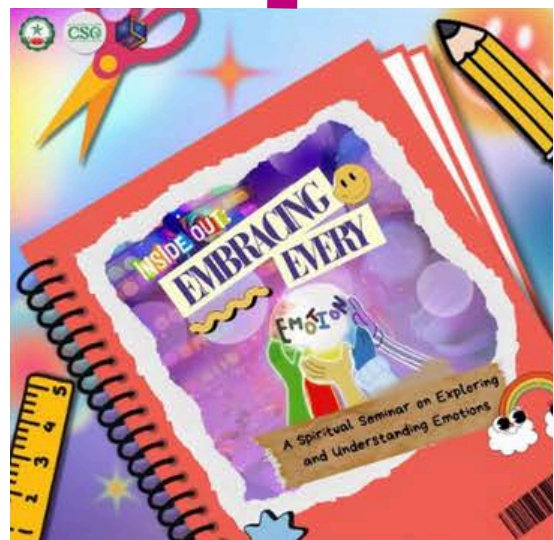
Date: October 23, 2024
Venue: POLCA

This event sought to empower students by encouraging them to embrace their individual qualities and inherent values.

Inside Out: Embracing Every Emotion

Date: October 23, 2024
Venue: Bahay Pag Asa

This event was designed to raise participants' awareness of their emotional experiences and promote spiritual growth, thereby enabling them to achieve a more balanced and fulfilling life. By cultivating a deeper understanding of emotions, the seminar intended to empower individuals to take an active role in managing their mental health, ultimately contributing to their overall well-being.



Partners in the Making: Teambuilding for Greater Connections

Date: October 26, 2024

Venue: Botanical Garden

"Partners in the Making: Teambuilding for Greater Connections" was all about giving a warm welcome to the newly inducted officers of each committee and introduced them to their fellow junior officers, executive board members, and alumni.

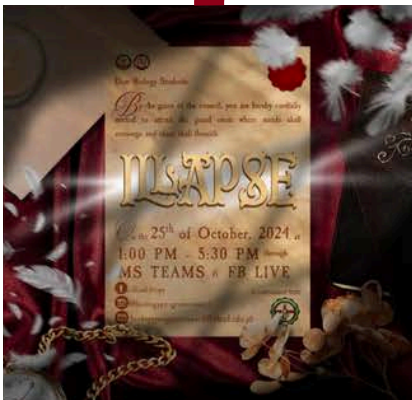


ILLAPSE

Date: October 25, 2024

Venue: Facebook Page

The primary objective of ILLAPSE was to provide valuable guidance to students seeking the right specialization. Additionally, the webinar sought to introduce the program to Senior High School students, providing them with useful insights into the various program options available at the university. Featuring expert speakers, the event was structured to equip students with the knowledge and experiences necessary to make informed decisions when selecting a suitable specialization for themselves.



These diverse events included leadership conferences, spiritual development sessions, sports festivals, team-building activities, mental health seminars, and environmental stewardship programs. Each event endeavored to promote essential skills, values, and awareness on a wide range of topics, from healthcare and innovation to emotional resilience and community development, with the overarching goal of fostering both individual and collective growth among participants.

The Student Wellness Center: Fostering commitment to student well-being and holistic growth



To prioritize and support the mental health and overall well-being of DLSU-D students, SWC takes a proactive approach by offering programs and resources to help them navigate their academic journey and personal development.

Through a comprehensive support system, SWC aids in building competence, managing emotions, fostering independence, nurturing relationships, developing purpose, and embodying integrity - all while cultivating a campus atmosphere that champions wellness.

Vision and Mission

At the core of SWC is a vision to nurture students who not only recognize their inherent strengths but also confidently harness their resources and sense of agency.

Guided by its mission of promoting holistic human development, SWC's team of professional counselors and psychologists work tirelessly to nurture students into competent, socially responsible, and compassionate individuals. By partnering with campus stakeholders, the center offers wellness programs that empower students to embrace life's challenges and opportunities.

SWC Tagline

Its tagline SWC CARES which means to Create Avenues to Reach Out & Empower Students, reinforces the center's commitment to the university community that their wellness matters.

The SWC Team and Its Services

SWC is led by its Director Emerico V. Rasing, a Registered Guidance Counselor who, along with a team of skilled professionals, ensures that student wellness remains a top priority. He is assisted by Registered Psychometrician Marnil Y. Rosaroso, RPM and Secretary Lucy A. Sambajon. Working alongside them are the guidance counselors and associate assigned to specific colleges and programs:

College Counselors:

- Ms. Anna Michelle S. Garingo, RGC – College of Business Administration and Accountancy (CBAA)
- Ms. Louela R. Lacsamana, RGC – College of Criminal Justice Education (CCJE)/CBAA
- Ms. Demetria B. Panganiban, RGC, RPsy – College of Engineering, Architecture, and Technology (CEAT)
- Mr. Elmer N. Jimenez, RGC, RPsy – College of Education (COED)/CEAT
- Ms. Cynthia N. Camarce, RGC – College of Tourism and Hospitality Management (CTHM)/CEAT
- Ms. Glessie A. Cantada, RGC – College of Liberal Arts and Communication (CLAC)



SWC Director Mr. Emerico V. Rasing (center-in gray shirt) with College and BED Counselors.

- Ms. Agnes B. Gibas, RGC – College of Information and Computer Studies (CICS)
- Dr. Jenneth G. De Guia, RGC – College of Science (COS)/CLAC

Basic Education Department (BED) Counselors:

- Ms. Fatima A. Lontoc, RGC
- Ms. Hannah Marjorie A. Angcao, RGC
- Ms. Jshade Jen A. Jacinto, LPT

Office Hours and Contact Information

SWC is open from Mondays through Fridays from 8:00 a.m. to 5:00 p.m. Students may also reach out to counselors via email to swc@dlsud.edu.ph or via Facebook at www.facebook.com/dlsudswc

OSS Dean joins webinar on preparation and review of Student Manuals



OSS Dean Dr. Jacqueline Morta participated in an online seminar entitled, “Preparing and Reviewing Student Manuals Including Emerging Issues on Inclusivity, Data Privacy, Use of AI and New CHED/DepEd Guidelines.” This event, organized by the Asian Association of School Human Resources Management and Development Practitioners Inc. (AASHPI) took place on October 10, 2024 via Zoom.

Invited resource speaker Atty. Faustino Madriaga, Legal Counsel for the Madriaga Law Office discussed the latest legal updates relevant to the development of student manuals.

He also shared insights on aligning these manuals with evolving regulatory frameworks, situations, and needs to establish a clear policy on gender equality to prevent discrimination against students.

Atty. Madriaga further stressed the need to focus on the various categories of school records and the critical role of custodians in the managing and release of such records in compliance with the Data Privacy Act of 2012.



Resource Speaker, Atty. Faustino Madriaga of Madriaga Law Office

Ethical considerations in the context of artificial intelligence and key provisions of RA 11313, otherwise known as the Safe Spaces Act were also tackled during the event.

OSS prepares for ISO standards

The Office of Student Services (OSS) participated in the “ISO 21001:2018 Educational Organizations Management Systems Foundation, Documentation Course, and Internal Audit Course” on September 16-17, and October 7-9, 2024 at ADG Reception Hall.



SGS Academy Representative, Mr. Arnold David (far right).

OSS Dean Dr. Jacqueline Morta along with SWC Counselor Ms. Agnes Gibas attended this event organized by the Office of Academic Planning and Quality Management in collaboration with SGS Academy.

SGS Academy representative Mr. Arnold David led the five-day comprehensive training focusing on the key elements of the Educational Organization Management System (EOMS) to improve stakeholder satisfaction and operational effectiveness.

The next sessions covered the importance of documented information in maintaining clarity, consistency, traceability, and effective management of educational processes, activities, and outcomes under the ISO 21001:2018 framework.

On their final training day, participants were taught to become internal auditors for ISO 21001:2018 EOMS. They learned auditing techniques, audit criteria, and tips for documenting nonconformities with practical exercises and case analyses to reinforce their skills.

Looking ahead, the training is regarded as a crucial step toward applying for ISO certification in 2025.



OSS Dean Dr. Jacqueline L. Morta (seated, top right) together with fellow ISO Training participants.

At Your Service! .

By Emerico V. Rasing, RGC



Demetria "Dettie" B. Panganiban, RGCm RPsy

For over three decades, Ma'am Dettie or Ma'am Detz as she is lovingly called has been a guiding light at DLSU-D. Her unwavering dedication as a guidance counselor and former Director of the Student Wellness Center (SWC) has profoundly shaped the lives of countless students, making her an irreplaceable part of the university's heart and soul.

Pillar of Compassion, Service, and Care

From her early days at DLSU-D, Ma'am Dettie poured her time and talent into supporting students throughout their academic journey and personal challenges, offering them a compassionate ear and genuine empathy. Her lifelong commitment to mental health advocacy and student wellness reflects a deep understanding of the emotional and psychological hurdles students often face. "Lightening the psychological and emotional load students carry has been the cornerstone of my work," she shares. This philosophy has not only guided her counseling sessions but also defined the wellness programs she developed and led.

Having served as SWC Director across three separate terms, Ma'am Dettie expanded her impact by initiating and strengthening student wellness programs that addressed a wide range of mental health needs. Through individual counseling, group interventions, and wellness initiatives, she fostered an environment where students feel supported and understood. *"Being an emotional anchor and guide for students during their academic journey has been incredibly rewarding,"* she says. *"The trust they placed in me during their darkest moments and triumphs has made the three decades of my career such a fulfilling life mission."*



Ma'am Dettie holding her award plaque.

Pillar of Compassion, Service, and Care

As she spends the remaining years of her career with DLSU-D, Ma'am Dettie continues to pursue her vision of creating a legacy grounded in the Lasallian core values of faith, service, and communion in mission. She aspires to leave an indelible mark on the institution by inspiring her colleagues and future counselors to embrace the same compassion and integrity that has defined her approach.

One of her main goals is to pass on her experiences and wisdom to peer counselors and fellow guidance staff, ensuring that the legacy of holistic, compassionate guidance lives on.

“Creating a legacy isn’t just about being remembered; it’s about making a lasting difference in how we serve our students and support one another,” she explains. Through mentoring and program development, Ma’am Dettie aims to blend traditional Lasallian values with modern approaches to mental health, enhancing DLSU-D’s reputation as a supportive, inclusive, and caring community.



Ma’am Dettie holding her Archdiocesan Award given by the Archdiocese of Lipa.

A lifework driven by commitment and advocacy

Given her accolades such as being the *Outstanding Alumni Award* from *Polytechnic University of the Philippines* and the *Archdiocesan Award* from the *Archdiocese of Lipa*, Ma’am Dettie’s contributions extend far beyond the campus. Her involvement in professional organizations like the *Philippine Guidance and Counseling Association (PGCA)* and the *Philippine Mental Health Association (PMHA)* underscores her dedication to lifelong learning and mental health advocacy.

Being the Vice Coordinator of the Pastoral Council in her local parish, Ma’am Dettie also exemplifies the Lasallian spirit of service within her broader community.

A ripple that lasts

For those who know her well, Ma’am Dettie has become much more than a counselor and administrator—she is a source of inspiration and comfort, embodying the spirit of service and selflessness. Her enduring legacy serves as a reminder of the power of compassionate guidance and genuine care.

As DLSU-D continues to thrive, the community remains profoundly grateful for Ms. Panganiban’s service and commitment. Her impact will be felt for generations, leaving a lasting example of what it means to live the Lasallian mission each day in every way.

Thank you, Mam Dettie, for your invaluable contributions. Wishing you all the best on the journey ahead!





At Your Service!

OSS administrators take part in business writing lecture



LLD Professor Christopher Gabriel (2nd-R) together with OSS administrators.

The Office of Student Services (OSS) administrators participated in a business writing lecture entitled, *Effective Communication* in the University held last October 16, 2024 at OSS Conference Room. Christopher Gabriel, an assistant professor of the Languages and Literature Department (LLD) provided the lecture.

Gabriel invited the attendees to tap into the psychological perspectives of the interactive approach to reading and writing. He also mentioned the need to examine the innate processes that cannot be accounted for by artificial intelligence in the context of writing as a heuristic.

Sample correspondences were also critiqued to show that understanding these processes equips university administrators with a peculiar mechanism for countering the pitfalls of plagiarism. The same mechanism, in turn, ensures writing of original and well-written communication read primarily by university stakeholders.

The lecture closed with an examination of communication practices by other reputable universities and online reportorial agencies.

The RIGHT to quality education and a Safe Learning Environment



Quality education is crucial for the future of children, families, and the nation. Quality learning opportunities empower children to thrive, build relationships, and prepare for a successful future. Having a safe school environment is essential to achieving these goals.

To effectively provide quality education, the government must cultivate an environment that is conducive for learning. However, when students behave disruptively, this may negatively affect teachers and other students, and/or compromise safety and security on campus. Unsafe school environments discourage attendance and put at-risk students in further jeopardy of academic failure.

Article XXI Section 102 and 103 of the Manual of Regulations for Private Higher Education (MORPHE) stipulates safety measures that private schools can take to address students' behavioral concerns:

"Every higher education institution shall maintain discipline inside its campus as well as within the immediate surroundings of the school premises" and

"Every private higher education institution shall have the right to promulgate reasonable norms, rules and regulations it may deem necessary and consistent with the provisions of this manual for the maintenance of school discipline and class attendance." These provisions justify the reasonableness of preventing students from engaging in such acts as bullying, disrespect, academic disruption, smoking/vaping, alcohol consumption, stealing, cheating, physical assault, and defamation as outlined in the DLSU-D Student Handbook.

The enforcement of legally and morally sound school policies then guarantees a safe learning environment for school stakeholders to freely exercise their right to quality education.

SWC Growth Sessions: Championing Mental Health Awareness

The Student Wellness Center (SWC) actively reaches out to the Lasallian community, especially the students, to promote mental health awareness and implement engaging programs and services. A key part of its goal is to help individuals cultivate self-awareness and foster personal growth.

Since September this year, SWC has been conducting classroom orientations and growth sessions designed to equip students with essential mental health tools and insights. These activities will continue until all topics have been covered, ensuring comprehensive support for all students.

Bringing mental health support onsite and online

Recognizing the importance of interactive engagement, many of these sessions are held onsite to foster a more personal connection with students. When room availability is limited, online sessions via MS Teams offer an accessible alternative, underscoring SWC's commitment to adaptability and accessibility.

Empowering students across colleges

- Each growth session is tailored to address the specific needs of different student groups:
- CBAA Students: Led by Ms. Anna Michelle S. Garingo RGC, CBAA students explored the fundamentals of mindfulness and its role in stress management. The session included practical exercises like mindful breathing to help students stay grounded in stressful moments.
- CBAA and CCJE Students: Ms. Louela R. Lacsamana, RGC introduced the "MAG-ARAL" framework encouraging students to prioritize Mental Health, Attitude, Goals, Action, Regulating Emotions, Adapting, and Learning to pause, stop, and breathe. This approach provided students with actionable tips to navigate the first semester effectively.
- CLAC Students: Ms. Glessie A. Cantada RGC guided students on managing college transitions, sharing techniques such as box breathing and the butterfly hug to cope with stress and overwhelming feelings.

- CTHM Students: Ms. Cynthia N. Camarce RGC facilitated sessions on emotion regulation and emphasizing the importance of identifying and naming emotions to better manage behaviors.
- CICS Students: Ms. Agnes B. Gibas RGC shared “College Life Hacks,” outlining strategies for a successful college journey with a strong emphasis on maintaining good mental health.



One of SWC's face-to-face consultations with BIO students.

- COSC and CLAC Students: Jenneth G. De Guia PhD RGC facilitated sessions on self-management, introducing “Mindful Snack” and “Stop for Mindfulness” techniques to help students take a moment to pause and refocus amid the demands of college life.



Online consultation via MS Teams with Counselor Anna Michelle S. Garingo, RGC (top, 2nd-L)

A commitment to Lasallian Student Wellness

SWC remains committed to empowering Lasallian students by helping them gain a deeper understanding of themselves and fully appreciate their strengths, resources, and potential. Through each growth session, the Center strives to create a supportive environment that encourages students to take proactive steps in their mental health journey, offering a safe space to navigate challenges.



Face-to-face consultation with COM students.

Faculty trainings cover child rights programming, tech in education



DLSU-D Faculty delegates (seated) with SCP Child Participation and Partnership Officer, Ms. Kessa Camila Lynn Razon (seated, in red).

Select NSTP-CWTS faculty members and six other DLSU-D delegates joined the Child Rights Programming (CRP) Training spearheaded by Save the Children Philippines (SCP) from September 30 to October 2, 2024 in Pasig City. This event was initiated to equip civil society organizations with approaches to ensure their programs, projects, and activities are anchored on and advocating for the agenda on children's rights.

Among the topics covered were contained in SCP modules, focusing on Child Rights Concepts and Principles, Gender Equality, Disability, and Social Inclusion (GEDSI), UN Commission on the Rights of the Child (UNCRC) Monitoring Process, Child Rights Programming, Strategies for engaging children meaningfully, and Being a Child Rights-based Organization.

To reinforce learning and enhance the capacity of its participants, SCP CRP organizers blended lectures with group activities, sharing sessions, and reflection, fostering a deeper appreciation and strengthening commitment for promoting and advocating for children's rights.

NSTP-CWTS Chair Jemily M. Puchero and NSTP-CWTS faculty Ethel Protomartir-Cacayuran attended the three-day training-workshop.



One of SCP's resource speakers

Meanwhile, technology and its role in addressing the education crisis served as the keynote message of the 2024 Social Good Summit (SGS) held on October 19 at Teresa Yuchengco Auditorium in DLSU-Manila.



NSTP-CWTS faculty members with Rappler CEO and Nobel Peace Prize Awardee Ms. Maria Ressa (2nd-L).

SGS 2024 was a gathering of community partners, supporters, readers, and collaborators of Rappler to tackle how technology and storytelling can be leveraged to empower changemakers and address urgent social concerns.

In his keynote speech, Education Secretary Sonny Angara says, “improving the quality of education in the country requires a whole-of-nation approach, and it's not just the responsibility of the education department.”

Aside from education, technology, and its harms, advocating for community-centered spaces, climate-resilient cities, AI, disinformation and elections, and content creation for a cause served as highlights of the panel discussions, breakout sessions, and speeches.

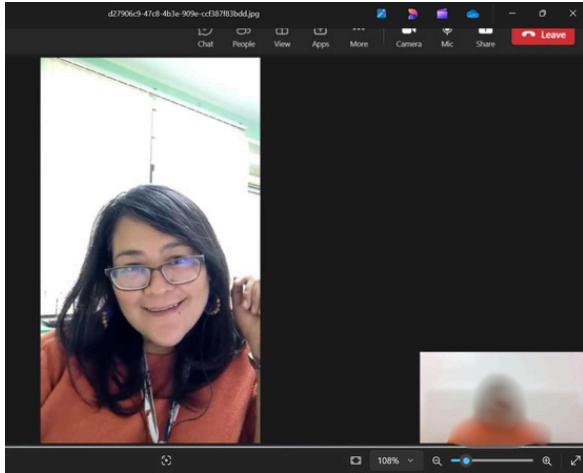
NSTP-CWTS faculty members Lanie Barrera, Linda Lou Palomino, and Roselie Villanueva participated in this event.



Panel session at the 2024 Social Good Summit

SWC TARA, USAP TAYO: Open Conversations, Lasting Support

"Kung siya walang time sa'yo, kami sa SWC meron. Tara, Usap Tayo..."



Ms. Louela R. Lacsamana, RGC (left) interviewing a student.

At the heart of the Student Wellness Center (SWC) services is the “Tara, Usap Tayo” initiative, a one-on-one session designed to offer students a safe space to discuss their experiences, issues, and challenges.

Through Kumustahan sessions with first year students, SWC counselors build rapport and introduce students to the range of support available to them throughout their college journey. These sessions also provide counselors with an opportunity to identify early any concerns students may have, ranging from college adjustments and family matters to personal challenges and relationships.

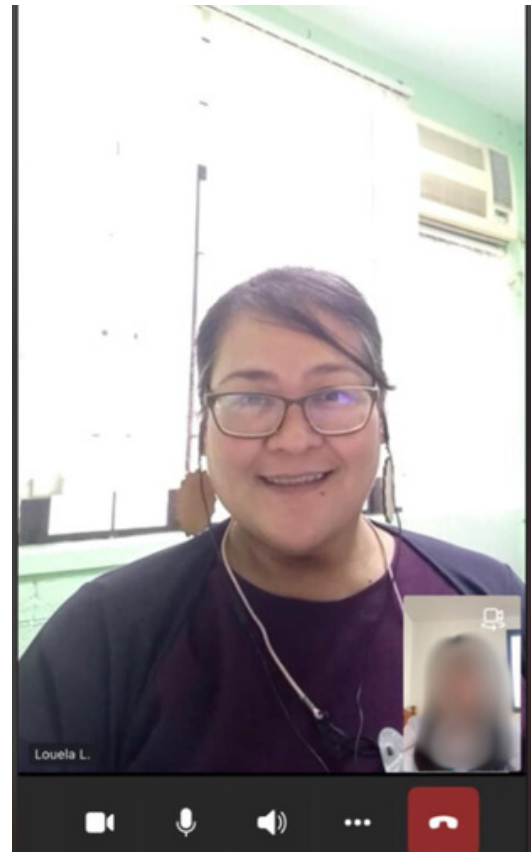
Tara, Usap Tayo counseling sessions for all students also provide a space for counselors to explore individual challenges in greater depth. Beyond the initial Kumustahan, these sessions help students process their thoughts, emotions, and perspectives, enabling them to explore options and gain clarity. Through this supportive dialogue, students are empowered to make thoughtful decisions that prioritize their well-being.

High-Energy Start to First-Year Kumustahan Sessions

SWC counselors conduct Kumustahan sessions with first year students with the aim to reach as many of them as possible. Alongside other SWC services such as growth sessions, orientations, and preventive psychoeducational activities, such initial meetings are key to building strong connections with students.

Kumustahan sessions may be done in-person or online via MS Teams with appointments conveniently scheduled through the SWC portal. These 20 to 30-minute sessions emphasize that all information shared remains strictly confidential with three key exceptions: someone is harming them, they are at risk of harming themselves, or they pose a threat to harm someone else. Beyond these scenarios, students are assured that their conversations are kept private.

To reinforce SWC's supportive presence, counselors remind students after each session that they can always reach out when they need to. Counselors often say, "Hindi mo kailangang sarilinin kung may pinagdadaanan; merong SWC na pwedeng puntahan. Tara, usap tayo."



One of Ms. Lacsamana's online interviews.

Hotel and Restaurant Management Society: Cultivating Excellence and Community Spirit for Future Hoteliers and Restaurateurs

Founded in school year 1994-1995, the Hotel and Restaurant Management Society (HRMS) has evolved in its 30-year journey from being a modest initiative to a vibrant organization dedicated to preparing the next generation of hoteliers and restaurateurs. The organization has now proven itself as a notable Recognized Student Organization (RSO) focused on the engagement and professional growth of students in the hospitality field.

Driven by purpose and progress

HRMS was established as a co-curricular organization for students in the Bachelor of Science in Hotel and Restaurant Management (HRM) program, initially under the College of Business Administration. From the start, the organization aimed to offer industry-relevant activities, organizing events and competitions tailored to enhance students' knowledge and skills in the hotel and restaurant sectors. At present, HRMS operates under the tutelage of the College of Tourism and Hospitality Management (CTHM).



HRMS students in one of their Agapay outreach events.

With a strong commitment to skills development, HRMS actively organizes impactful events and initiatives that enhance students' abilities while upholding values integral to the field of hospitality. The organization also extends its services beyond the campus through outreach programs designed to benefit the partner communities of DLSU-D.

Its signature programs such as Almusal: Alay Muna sa Liyag supports university staff, while Hapag focuses on uplifting the residents of Bahay Pag-Asa. Other initiatives like Pinayagaling provide professional development for HRM night class students, and Agapay: Adhikaing Ganap para sa Yaring Kabuhayan empowers beneficiaries with business support.

These initiatives anchor on the Lasallian mission of inclusivity and compassion and embody HRMS' dedication to community service.



ALMUSAL (Alay muna sa Liyag) Outreach project in partnership with NSTP-CWTS Office and LCDC.

Undeterred by challenges

Like many student organizations, HRMS has experienced its share of challenges. Maintaining active member engagement amid academic demands and competing activities tested their creativity and resilience. HRMS also went through a hiatus during the pandemic which temporarily paused its accreditation as a recognized student organization.

Despite these challenges, HRMS emerged stronger due to the tireless efforts of student leaders who worked tirelessly to rebuild and revitalize the organization. At present, HRMS continues to foster camaraderie, networking, and professional growth among its members, offering them a supportive environment to explore their interests and develop their skills.

Determined to effect change

HRMS' passion to make a meaningful impact in the context of community service and student development has led to some notable accomplishments. Its flagship community extension project, Agapay was awarded "Pinakamahusay na Proyekto ng Pampaglilingkod" in Luntiang Parangal 2024. Now on its seventh installment, Agapay provides business packages to the beneficiaries of its partner communities, a testament to HRMS's commitment to sustainable support and impact. On the other hand, its signature initiatives such as Almusal, Pinayagaling, and Hapag further cemented HRMS as a compassionate and inclusive organization prioritizing its members' personal and professional growth with the aim to make positive contributions to society.



An HRMS member during their Outreach Project, H.A.P.A.G (Honing Abilities through Passionate Activities and Gentleness) held on March 13, 2023.

HRMS also seeks to encourage its members to actively support the university leadership and mission through targeted workshops, industry exposures, and community events. By empowering its members to take ownership of projects and initiatives and creating an atmosphere where suggestions and feedback are respected, the organization breeds future leaders who are socially dynamic and responsible.

With its committed network of mentors and peers, member-centered approach, and community-focused initiatives, HRMS fosters a legacy of inclusivity, teamwork, resilience, and meaningful impact both within the university and beyond.



HRMS' outreach activity, PINYAGALING 2023 held on May 5, 2023.

Contributors

Article Writers

Eric Vargas, DBA
Emerico Rasing, RGC
Jacqueline Morta, PhD
Jemily Puchero
Johnatan Villa
Louela Lacsamana
Ruel Elias

Editor

Jemily Puchero

Layout Artist

Jamie Morta, COM22

Photo Credits

HRMS Facebook page:

<https://www.facebook.com/hrmsdlsud>



DLSU-D Office of Student Services