

October 2025

# OSS NSPIRE

(OSS Newsletter for Student Programs, Initiatives, and Recent Engagements)



*Elevating Student Safety, Wellness, and Leadership*



*Featured Student Organization: Accounting Enrichment Society (AcES)*

# Table of Contents

**01**

Research in Action: OSS Champions  
Innovation Through 7 Research  
Projects

**04**

OSS Personnel Strengthen Mental  
Wellness Strategies for Student  
Success

**05**

DLSU-D Renews MOA with DLSMHSI  
Drug Testing Unit for Annual  
Mandatory Random Drug Testing of  
Upperclassmen

**06**

Honesty in Action: SWAFO  
Commends Exemplary Students

**07**

SWAFO Launches SPADE during CEAT  
Townhall Meeting

**08**

SWC Director Leads Mental Health  
Training for AEA and ERC Personnel

**10**

LPF Spreads Compassion and  
Awareness on Mental Health Month  
Kick-Off

**11**

267th NROTCU upholds Faith and Service at 2025 Investiture Rites and Marian Feast

**12**

At Your Service!

**16**

267th NROTCU Boosts Disaster Readiness at Operation SAFE Summit

**18**

Campus Advisers Strengthen Collaboration at 2025 General Assembly

**20**

LPF joins First National Conference of the Peer Organization of the Philippines

**21**

267th NROTCU participates in Philippine Marine Corps' "KARANGALAN" Marathon 2025

**22**

Featured Student Organization:  
Accounting Enrichment Society (AcES)

**26**

267th NROTCU joins October 2025  
Flag Raising Ceremony

**27**

SWC Counselor Shares Guidance  
Insights in Psychology Webinar

**28**

SMPO hosts Campus Journalism and  
Press Freedom Webinar

**29**

PRC and Board of Guidance and  
Counseling Conduct Virtual Visit to  
DLSU-D Student Wellness Center

**31**

October Sparks: Lasallian Leadership  
and Innovation in Action

# Research in Action: OSS Champions Innovation Through Seven Research Projects



*Group photo of OSS Researchers following the contract signing ceremony.*

In a landmark move toward data-driven innovation, the Office of Student Services (OSS) has officially signed contracts for seven newly approved research projects, all funded by the University Research Office. The ceremonial signing, held on October 1, 2025 at the Ayuntamiento de Gonzalez Reception Hall, marks a significant milestone in OSS's ongoing commitment to enhancing student programs and services through evidence-based strategies.

These approved projects, led by OSS personnel, aim to explore and address key areas of student welfare, wellness, leadership, engagement, and support systems. Collectively, they reflect OSS's dedication to improving its programs and services through rigorous research and strategic innovation.

Present during the ceremony were representatives from the University Research Office, OSS project leaders and researchers, and university administrators, all gathered to celebrate the spirit of collaboration and the shared pursuit of academic excellence. The signing not only formalized the funding support but also underscored the university's vision of fostering a research culture that directly benefits its student community.

In her message on behalf of the researchers, Dr. Jacqueline Morta, OSS Dean, emphasized the importance of research in shaping institutional growth:

*"Together, let us build a future where research is not only valued but celebrated as a vital force for good."*

Seven Approved Research Projects for AY 2025–2026:

- Mediating Role of Psychosocial Well-Being in the Relationship Between Cyberbullying and Student Life: The DLSU-D Experience  
Ruel Elias, Glessie Cantada, & Agnes Gibas

- The Influence of Socio-Emotional Learning on DLSU-Dasmarinas Students' Academic Performance: Examining the Moderating Effects of Sex and College

Demetria Panganiban, Louela Lacsamana, Elmer Jimenez & Anna Michell Garingo

- The Role of Self-Efficacy in the Relationship Between Student Leadership Experience and Employability Skills

Dr. Eric Vargas, Joel Refuerzo, Joan Bermundo & Dr. Jimford Tabuyo

- Motivation and Performance of High-Performing PRISAA Student-Athletes: The Moderating Role of Demographic Profile

Gerardo C. Sergio III, Dr. Eric Vargas, & Dr. Leo Manansala

- Assessing the Soft Skills of Student Leaders at De La Salle University-Dasmariñas: Opportunities for Enhancing Leadership Development Initiatives

Dr. Jacqueline Morta, Dr. Eptacio Mendiola, Dr. Rowell Paras, & Arnel B. Agapay

- The Relationship of Social Emotional Learning and Self-Compassion to Emotional Competence of DLSU-D Students: A Basis for SWC Intervention

Cynthia Camarce, Marnil Rosaroso, Dr. Jenneth De Guia & Lucena Sambajon

- Gratitude in Service: A Covenant Parallel Mixed-Method Study on Existential Interpersonal and Socio-Civic Among DLSU-D CWTS Students

Ethel Cacayuran, Jemily Puchero, Linda Lou Palomino, & Lanie Barrera

These projects are expected to yield actionable insights that will inform future OSS policies and program designs. The findings will also be shared with the broader academic community through conferences and publications.

As OSS continues to evolve, this milestone reflects its unwavering commitment to continuous improvement through scholarly inquiry. Guided by research, OSS stands ready to shape the future of student services with clarity, compassion, and credibility.



*The seven approved research projects, along with their respective team leaders and researchers.*

# OSS Personnel Strengthen Mental Wellness Strategies for Student Success



*Resource speaker Samuelle Feliz Hilario, RGC, discusses how OSS personnel's mental well-being enhances student support services.*

In celebration of Mental Health Month, the Office of Student Services (OSS) held a development session for administrators, faculty, and support staff titled "Mental Wellness in Motion: Integrating Well-being Practices in Student Services Work." Held on October 29, 2025 at GSB 108, the session gathered OSS professionals dedicated to fostering a healthier and more supportive work environment.

The session focused on the growing importance of mental wellness in student services and offered practical strategies for integrating well-being practices into daily operations. Participants explored how prioritizing mental health contributes to student success and promotes a culture of care and resilience across the university.

The discussion was led by Samuelle Feliz Hilario, RGC, a faculty member from the Philosophy and Psychology Department at De La Salle University-Dasmariñas. Drawing from her counseling experience, she shared approaches for supporting mental wellness among OSS personnel.



*OSS personnel listen attentively during the session.*

This initiative demonstrates OSS's commitment to holistic development and its proactive stance on mental health awareness. By aligning the event with Mental Health Month, OSS emphasized that mental wellness is a collective responsibility within the academic community.

# DLSU-D Renews MOA with DLSMHSI Drug Testing Unit for Annual Mandatory Random Drug Testing of Upperclassmen



*OSS Dean Dr. Jacqueline Morta (seated, center) with DLSMHSI Drug Testing Unit-in-Charge Ms. Normita Manalo-Ilagan, RMT (seated, left), and her team following the MOA renewal meeting.*

In its continued commitment to maintaining a safe and drug-free academic environment, the Office of Student Services (OSS) of De La Salle University-Dasmariñas (DLSU-D) officially renewed its Memorandum of Agreement (MOA) with the De La Salle Medical and Health Sciences Institute (DLSMHSI) Drug Testing Unit on October 10, 2025 at the OSS Conference Room. This renewal reaffirms the university's commitment to student welfare and compliance with national regulations.

Under the renewed partnership, DLSMHSI, a Department of Health (DOH)-accredited drug testing center, will conduct the Annual Mandatory Random Drug Testing for Upperclassmen (AMRDTU) for School Years 2025–2026 and 2026–2027. The agreement ensures the continued delivery of professional, confidential, and DOH-compliant drug testing services.

The AMRDTU remains a cornerstone of OSS's efforts to promote student welfare and campus safety. It aligns with the Commission on Higher Education (CHED) Memorandum Order No. 18, Series of 2018, which mandates drug testing in higher education institutions as part of the national strategy to address youth drug abuse.

This renewed collaboration strengthens DLSU-D and DLSMHSI's shared commitment to drug prevention through institutional support, medical expertise, and adherence to national policies.

# Honesty in Action: SWAFO Commends Exemplary Students

Integrity is not just a virtue—it is the foundation of academic trust and strong school community. As the first half of the semester concludes, the Student Welfare and Formation Office (SWAFO) proudly honors five students with an Honesty Award Certificate in recognition of their commitment to ethical conduct, even when no one is watching.

These students embody responsibility and honor, setting a high standard for their peers across the campus. The awardees are:

| Student Name                      | Program & Year Level        |
|-----------------------------------|-----------------------------|
| <b>Ashley Samantha A. Aguilar</b> | ABM 24 (Senior High School) |
| <b>Jean Marc G. Fresnosa</b>      | CUT 12 (Senior High School) |
| <b>Shaina Mae D. Dumo</b>         | ARC 12 (College)            |
| <b>Karl Matthew C. Mojica</b>     | BSA 13 (College)            |
| <b>Donna Mae M. Boro</b>          | BSA 42 (College)            |

This recognition goes beyond mere acknowledgment; it reinforces the institution's core values by showing that integrity is not only expected but celebrated. These students have shown choosing to do what is right is the clearest measure of character.

Their actions remind that integrity builds trust and respect and reflects the institution's commitment to integrity and exemplary conduct. The recognition aims to reinforce ethical behavior and promote a culture of trust and responsibility among students.



*Ashley Smantha A. Aguilar ABM24*



*Jean Marc G. Fresnosa CUT12*



*Shaina Mae D. Dumo ARC12*



*Karl Matthew C. Mojica BSA13*



*Donna Mae M. Boro BSA42*

## SWAFO Launches SPADE during CEAT Townhall Meeting

On October 1, 2025, the College of Engineering, Architecture, and Technology (CEAT) Student Government successfully hosted the CEAT Townhall Meeting: "Your Voice, Our Action." This gathering provided a platform for open dialogue between students and administrators and addressed key concerns related to academics, facilities, and student life.

Ten CEAT administrators and representatives participated in the forum and responded to student concerns, affirming the college's commitment to transparency and collaboration.

As part of the program, the Student Welfare and Formation Office (SWAFO) introduced the SPADE (Special Program on Advanced Discipline Education) initiative. Designed to promote proactive understanding of campus discipline policies and student responsibilities, SPADE aims to strengthen awareness of the university's code of conduct and foster a respectful learning environment.

The SPADE session was facilitated by SWAFO Director Mr. Ruel Elias with support from SWAFO formadores. His presentation outlined key aspects of the university's discipline policy and student code of conduct, emphasizing the importance of proactive formation in maintaining a respectful and safe learning environment.



*Mr. Elias addresses student questions on the dress code policy.*

The CEAT Townhall Meeting concluded with a renewed commitment to student empowerment and administrative collaboration. By integrating feedback mechanisms with targeted formation initiatives like SPADE, the college continues to strengthen its approach to student development and continuous institutional improvement.

## SWC Director Leads Mental Health Training for AEA and ERC Personnel

October 28 and 29, 2025 - In support of De La Salle University-Dasmariñas' (DLSU-D) commitment to fostering a caring and inclusive campus environment, the Student Wellness Center (SWC), in collaboration with Aklatang Emilio Aguinaldo (AEA) conducted a focused training session for library personnel titled *"Handling Students with Mental Health Needs."*

The session aimed to enhance the awareness and responsiveness of AEA-ERC personnel in dealing with students who may exhibit emotional distress or behavioral concerns while using library facilities.



*Day 2 of MH support discussion with the facilitator and participants actively engaging in the session. Photos courtesy of AEA-ERC.*

The discussion was facilitated by SWC Director Agnes Gibas, RGC, who provided practical insights on recognizing early signs of psychological distress and responding appropriately within the library's supportive setting. She emphasized the importance of empathy, confidentiality, and de-escalation techniques when managing emotionally charged situations.

The session also explored common mental health concerns encountered in academic settings—such as anxiety, depression, and stress-related behaviors.

Ms. Gibas guided participants through case scenarios and role-playing exercises to help them respond with sensitivity and professionalism. She stressed that being familiar with the different characteristics and behavioral manifestations of mental health issues would provide them with the understanding needed to respond knowledgeably, confidently, and appropriately to students in need.

To encourage more personal engagement, the participants were divided into two groups, attending sessions on October 28 and 29 respectively. This format fostered an engaging, lively, and more meaningful discussion and sharing of insights.

This initiative highlights the university's holistic approach to student wellness, recognizing that mental health support extends beyond counseling offices and is a shared community effort. Library staff members play a vital role in the university's care network, serving as frontline partners in ensuring that every student feels seen, supported, and valued.



*SWC Director Ms. Agnes Gibas and AEA-IRC personnel pose for a group photo.*

The collaboration between SWC and AEA reflects the Lasallian mission of faith, service, and communion, building a compassionate learning community that promotes mental health awareness and well-being for all.

# LPF Spreads Compassion and Awareness on Mental Health Month Kick-Off



*Students, faculty and staff of DLSU-D share messages of support and solidarity for community mental health.*

In celebration of Mental Health Awareness Day, themed “Breaking the Stigma: Caring for the Mind, Taking Action,” the Student Wellness Center (SWC), in partnership with the Lasallian Peer Facilitators (LPF), led a day of hope, kindness, and connection within the De La Salle University-Dasmariñas community.

Lasallians were encouraged to wear green—a symbol of mental health awareness and solidarity to show their commitment to breaking stigma and promoting emotional well-being. As part of the initiative, SWC, through the LPF, hosted two meaningful activities: the PEERdom Walls stationed at Gates 1 and 3, and the Random Acts of Kindness activity facilitated by LPF members.

Through the PEERdom Walls, students, faculty, and staff shared heartfelt and uplifting messages to inspire others and foster a supportive campus environment. Meanwhile, the Random Acts of Kindness invited participants to pick a note containing a simple act of kindness to perform, receiving a token of appreciation in return—a reminder that even small gestures can make a big difference.

The event served as a gentle yet powerful call to care for oneself and others, turning compassion into action. By the end of the morning, the campus radiated warmth, encouragement, and unity, proving that every Lasallian can be an advocate for mental wellness.

# 267th NROTCU upholds Faith and Service at 2025 Investiture Rites and Marian Feast



*267th NROTCU render the Entrance of Colors at the Investiture Ceremony.*

Amidst the resounding calls of faith and the disciplined cadence of sirens, the 267th Naval Reserve Officers' Training Corps Unit (NROTCU) of De La Salle University–Dasmariñas (DLSU-D) once again stood with honor and devotion during two important events: the Investiture Ceremony of Br. Iñigo Riola FSC, EdD and the Feast of Our Lady of the Holy Rosary held on October 7, 2025.

The Entrance of Colors presented by the 267th NROTCU during the inauguration ceremony of Br. Iñigo as the 10th President of DLSU-D was conducted with precision and pride. The cadets' unflinching respect for both the national and university colors reflected the depth of Lasallian values of faith, service, and communion in mission that form the cornerstone of the University. Their presence symbolized the harmony between campus life and military discipline.

In his address, Br. Iñigo expressed gratitude for the Lasallian community's continued efforts to form individuals who lead not only in education but also in service through work of both mind and hands. His message echoed the solemnity of the ceremony, reminding all that leadership, whether in the classroom or on the ground, is a calling to lead with humility and zeal.

Following the investiture, the 267th NROTCU joined the Lasallian community in celebrating the Feast of Our Lady of the Holy Rosary through a Eucharistic procession around campus. Cadets marched in reverent formation alongside students, faculty and staff, moving in rhythm with the prayers and devotion that filled the air. The event deepened the community's spiritual commitment to Mary, the titular patroness of DLSU-D and reaffirmed their belief in the divine grace that unites all Lasallians in compassion and faith.

By day's end, the ceremonies had become more than formal observances. They became a living affirmation of faith and service. Through disciplined participation and heartfelt devotion, the 267th NROTCU embodied the Lasallian spirit that continues to inspire leadership rooted in purpose and service grounded in faith.

# At Your Service!



Dr. Jan Phillip Mallari

*Director of the Cavite Studies Center and Internal adviser of SISOL*

As the Sinag Society of Leaders (SISOL) approaches its 26th founding anniversary this December 8, 2025, the organization stands as a respected student organization within De La Salle University–Dasmariñas. More than that, it is a living testament to the enduring guidance of one man whose unwavering belief in student leaders has shaped generations—Dr. Jan Phillip Mallari, Director of the Cavite Studies Center and internal adviser of SISOL.

Fondly known as Sir Phillip by members and officers alike, he has been more than just an adviser. He is a mentor, a guide, and a steadfast ally in SISOL’s journey of molding student leaders. His influence extends far beyond paperwork and policies; it has touched hearts and inspired minds.

SISOL’s connection with Sir Phillip began in 2019, a pivotal year for the organization. At the time, SINAG was in search of an internal adviser—someone who could understand its ideals, guide its initiatives, and stand by its members through the complexities of university life. Among all the candidates, one name consistently rose to the top: Jan Phillip Mallari. Fate worked in their favor, and he graciously accepted the role.

From that moment on, Sir Phillip became a strong and steady voice for SISOL. Whether in administrative discussions or university-wide assemblies, he was known for his courage in standing up for what was right and ensuring that SISOL’s voice was heard. Under his mentorship, the organization not only thrived but earned its rightful place as part of the CSO-RSO Family; a recognition that symbolized its credibility and excellence.

“Many of the elders of SINAG used to be my students and friends. Perhaps we share the same aspirations and mission.”

Sir Phillip once reflected. He recalled being there when SINAG transitioned from a student political party into an interest organization dedicated to developing future leaders. “I was there convincing my friends at OSS then about the good intention of SISOL as an organization. I am happy that our organization, through our senior advisers and leaders past and present, maintained the high level of performance that got the nod of OSS. Hopefully, you continue the legacy and make a mark as a Class A organization of DLSU–Dasma.”



*Dr. Mallari delivers an inspiring talk as the featured speaker for SISOL's, "PINAS: Pagbabahagi ng Idea at Natatanging Aksyon sa Sangkapuluan," held on September 15, 2023.*

His words capture not only his pride but also his deep-rooted connection to the organization's mission. For Sir Phillip, SISOL is not just another student group—it is a living legacy of leadership, service, and truth. He has seen its members grow from passionate students into empowered individuals who embody the Lasallian values of faith, zeal, and communion.

All of the SISOL's alumni, along with Sir Phillip, share a unified vision: to produce more trainees and leaders each year through meaningful and productive activities that hone the skills of every student leader. For them, awards and recognition are secondary. What truly defines SISOL's success is the growing number of eager, dedicated, and enthusiastic student leaders who carry forward the organization's principles and values.

As Sir Phillip often reminds the members, leadership is measured not by medals, but by the passion to serve and the courage to lead with integrity.

Throughout SISOL's 26-year journey, Dr. Mallari has remained one of its strongest pillars of support. His presence offers both wisdom and encouragement, reminding every member that leadership is not just about position, but about purpose. His guidance continues to shape SISOL into a home where leaders are built, voices are strengthened, and values are lived out.

As SISOL continues to grow and inspire new generations of student leaders, the organization carries with it the lessons and legacy of its adviser—a man who believed in them from the very beginning, who fought for their recognition, and continues to illuminate their path forward.

Indeed, for every leader SISOL has produced stands a mentor who believed that light, no matter how small, can shine brighter when guided by loyalty, commitment, dedication, support, and integrity.



**At Your Service!**

# 267th NROTCU Boosts Disaster Readiness at Operation SAFE Summit



*Cadet Officers join the Boat Handling Training Session.*

In response to the increasing frequency of typhoons, earthquakes, and other natural disasters, De La Salle Universities across the country came together for the first time to promote preparedness and resilience through the Operation SAFE: DRRM Summit held on October 25, 2025 at Ugnayang La Salle, De La Salle University – Dasmariñas.

The summit aimed to equip participants with practical knowledge and hands-on techniques in Disaster Risk Reduction and Management (DRRM), fostering a community of Lasallians who are ready to respond effectively in times of crisis.

Seizing this opportunity, the 267th Naval Reserve Officers Training Corps (NROTCU) actively participated in support of the institution's advocacy, "Fund Resilience, Not Disaster." Their involvement reflected the Corps' ongoing commitment to developing proactive leaders and cadets who are capable of assisting those in need when emergencies arise.

The training, spearheaded by the Coast Guard Auxiliary Group and W.I.S.A.R. (Wilderness Search and Rescue Philippines) introduced participants to vital life-saving skills such as trauma care, survival swimming, boat handling, and CPR. The Corps continues to strengthen and apply these techniques, further enhancing their ability to make critical life-saving decisions and take action in high-risk scenarios.

The event concluded with closing remarks from Mr Frederick Godinez, Director of the General Service Office who expressed hope that the participants may never have to use the emergency techniques they learned, but affirmed that if such a time comes, Lasallians will be ready to serve and protect their communities.



*267<sup>th</sup> NROTCU Cadet and Cadette Officers together with ROTC Coordinator Ms. Lanie Barrera (right) and CWTS Chair Ms. Lindalou Palomino (left).*



*NSTP students and administrators for a group photo.*



*Hands-only CPR Demonstration*



*Water Rescue Training*

# Campus Advisers Strengthen Collaboration at 2025 General Assembly



*Dr. Eric Vargas discusses the guidelines in conducting student organization activities.*

The Campus Advisers gathered for their annual General Assembly on October 22, 2025 at the Retreat and Conference Center, an event designed to strengthen collaboration, refine advisory practices, and promote holistic student development across campus.

The program started with an opening prayer followed by the welcoming remarks of Dr. Jacqueline Morta, Dean of the Office of Student Services (OSS). Dr. Morta commended the campus advisers for their dedication to guiding students not only in academics but also in leadership. She expressed her gratitude for their continued support and commitment to their vital role in empowering student leaders.

The assembly featured several information sessions. Dr. Eric Vargas, Director of Student Development and Activities Office (SDAO) discussed the guidelines and policies governing student activities. He emphasized the important role of advisers and faculty in charge in signing the Letter of Conformity (LOC) - a requirement for all university-sanctioned events.



*Ms. Alyssa Lou Anteneo demonstrates how to use the ODOO system.*

The Student Activities office also invited Ms. Alyssa Lou Anteneo, Vice President for Finance, and Ms. Marineth Soberano, Budget Officer, to discuss the ODOO system. Their presentation familiarized campus advisers with the new financial system, helping them better manage and monitor the trust funds of their respective organizations.

An engaging open forum followed where advisers shared their experiences, challenges, and insights. One topic of discussion centered on policies concerning the LGBTQIA+ community, including the possibility of forming a recognized student organization and conducting advocacy-driven activities within the University.

Mr. Joel Refuerzo, Coordinator of the Performing Arts Group, responded by highlighting the university's growing culture of inclusivity and openness. He expressed optimism that such initiatives could find greater acceptance over time. Dr. Vargas further clarified that any group may apply for accreditation as a Recognized Student Organization (RSO) by complying with the requirements set by the Council of Student Organizations (CSO).

Other concerns raised during the session included the allocation and utilization of organization trust funds, and whether these could vary depending on the size or population of each program or organization. The invited speakers addressed these questions and provided guidance to ensure transparency and accountability in fund management.



*Campus Advisers pose for a group photo wearing their CAGA shirts.*

Certificates and tokens of appreciation were awarded to the guest speakers following the interactive discussion. The program also recognized campus advisers for their commitment and dedication to serving student leaders. The event concluded with a shared *merienda* featuring a variety of Filipino dishes, and a group photo session with all participants proudly wearing their official shirts.

The Campus Advisers General Assembly 2025 reaffirmed the advisers' shared mission: to continue fostering a supportive and inspiring learning environment where students can grow into responsible, compassionate, and capable Lasallian leaders.

# LPF joins First National Conference of the Peer Organization of the Philippines



*LPF delegates engage in learning and camaraderie during the event, joined by LPF Adviser Ms. Marnil Rosaroso, Rpm and Guidance Counselor Ms. Anna Michelle Garingo, RGC.*

The Lasallian Peer Facilitators (LPF) proudly participated in a milestone event—the First National Conference of the Peer Organization of the Philippines (POP) held at St. Paul College, Pasig.

Bringing together peer facilitators and mental health advocates from Luzon, Visayas, and Mindanao, the conference marked a historic moment of unity, empowerment, and purpose. Centered on the theme “P.E.E.R. — Participated, Engaged, Empowered, and Rose,” the event united participants as one nationwide peer community.

The conference also featured the selection process for the next POP Mental Health Ambassador with LPF President Rendel Valentine among the candidates. The role aims to champion wellness and empathy among Filipino youth through peer-led initiatives.

The event reinforced collaboration among peer organizations and reaffirmed LPF’s continued commitment to mental health advocacy, and youth empowerment at the national level.

# 267th NROTCU participates in Philippine Marine Corps' "KARANGALAN" Marathon 2025



*ROTC cadet and cadette officers share a light moment atop a Marine vehicle.*

The 267th Naval Reserve Officers' Training Corp (NROTCU) Unit of De La Salle University-Dasmariñas (DLSU-D) proudly participated in the Philippine Marine Corps "KARANGALAN" Marathon held on October 19, 2025, at Fort Bonifacio.

Officers of the unit, along with Coordinator Ms. Lanie Barrera and CWTS Chair Ms. Lindalou Palomino, joined hundreds of runners in honoring the courage, dedication, and unwavering spirit of the nation's Marines.

The marathon, aptly named "Karangalan" which means honor, was more than a test of endurance. It served as a meaningful tribute to the men and women of the Philippine Marine Corps who exemplify valor, discipline, and selfless service to the nation.

Running with pride, unity, and resilience, the 267th NROTC Unit celebrated the shared values that define both the Marine Corps and the Corps of Midshipmen: honor, courage, and commitment.

The unit also extended its congratulations to the Philippine Marine Corps for the successful organization of the event, which highlighted the shared values of discipline, service, and camaraderie among uniformed personnel and civilian participants.



*ROTC officers gather for a group photo.*

The 267th NROTCU's participation underscored its commitment to promoting physical endurance, national pride, and solidarity with the country's armed forces.

# Excel Beyond Numbers: AcES Empowers Future Accountants



*Post-event group photo of AcES members.*

Founded in 2013, the Accounting Enrichment Society (AcES) began with a simple yet powerful mission – to serve as a tutoring and support organization for ACD students. For nearly 12 years, AcES has remained steadfast in its commitment to academic excellence by helping students enhance their learning experiences and succeed in their chosen paths.

What started as a small group of dedicated individuals, led by then Accountancy Department Chair, Ms. Eden Cabrera, has grown into vibrant community of learners and leaders. AcES was established to serve as pivotal support system for Accountancy students, empowering them to succeed in the program and pass the CPA Licensure Examination.

Today, AcES is widely recognized within the ACD community as the "masayang org," a cheerful, dynamic organization that provides BSA and BSM students with academic support, enrichment events, supplementary review materials, and a strong peer network that helps them thrive.

## **Beyond Tutoring**

AcES is more than an academic support group. It's a community that nurtures both professional and personal growth. The organization helps members build a solid understanding of financial and accounting principles while also promoting their social, moral, and spiritual development. Through collaboration, communication, and camaraderie, AcES continues to foster a well-rounded learning experience for everyone involved.

Over the years, AcES has evolved beyond tutoring, organizing a wide range of events that benefit the entire Lasallian community. Upholding their guiding principle, "Excel Beyond Numbers," the organization remains committed to uplifting every member and inspiring others to reach their fullest potential.

### **Strength in Service**

Within the university, AcES maintains an unwavering commitment to academic support and excellence. It organizes events and initiatives that go beyond its department, serving the broader university community and contributing to its continued growth and legacy.

Outside the campus, AcES extends its impact through outreach initiatives such as Paglinang 2023 which reflects its dedication to meaningful change in the lives of marginalized individuals. Crowdfunding efforts also enable the organization to sustain these projects as these generate the resources needed to support and empower communities in need.

### **Perseverance Beyond Pressure**

Balancing the demands of the Accountancy program with organizational responsibilities has always been a challenge. Heavy workloads and schedule conflicts often make it difficult to stay engaged. However, through open communication and teamwork, AcES members have learned to persevere and adapt.

During the pandemic, AcES seamlessly transitioned to online platforms for meetings and events - a change that has continued to improve accessibility and collaboration.

One of the group's most challenging moments came when its senior officers were on OJT, leaving the younger members to lead. Though it was a difficult transition, the experience provided them with strength and fostered their growth, leadership, and resilience.

### **AcES and the Pursuit of Meaningful Success**

AcES has proudly earned multiple recognitions, including being named Top 1 RSO in the CSO Awards and consistently placing among the Top 10 RSOs. It also received the "Pinakamahusay na Proyekto sa Pangingilak ng Pondo" award at Luntiang Parangal, celebrating its excellence in fundraising. Several of its members have also been honored individually with distinctions such as the Best CSO Counterpart, Golden Coin Award for Excellence, and Top Leader Award.

Among the organization's standout initiatives are the AcES Academy: Enrichment Classes in partnership with P&A Grant Thornton and Kapihan at Kumustahan 2023: Beyond Academic Odyssey, which earned a Luntiang Parangal Award. MerchandAcES events, including the outreach initiative "Liwanag at Dunong," and the engaging Marche Madness: A Haunted ACEscapeade in collaboration with Marche Societe, have all left lasting impressions on our members and the community.

AcES' most impactful project to date, however, is PAGLINANG: Beyond the Glimpse of a Bountiful Harvest graced by Senator Kiko Pangilinan as guest speaker and supported by Rural Rising PH as the group's beneficiary. This event not only highlighted the vital role of the agricultural sector but also sparked meaningful conversations about national issues.

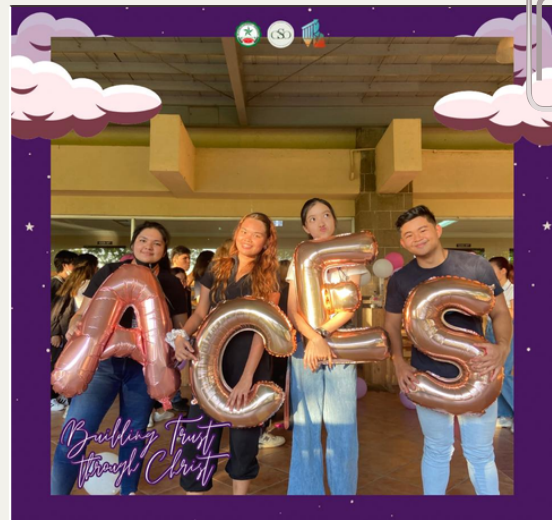
### **A Legacy of Purpose and Empowerment**

Through the guidance of its executive and junior officers, AcES continues to cultivate a spirit of dedication and service. By inspiring its members to take initiative and lead with compassion, they help shape future leaders who value inclusivity and embody the Lasallian core values of faith, zeal, and communion.

AcES invites students to join an "ACE"-scape from their academic workload — an opportunity to experience a culture of excellence, camaraderie, and inclusivity. Through its enrichment and supplementary classes, meaningful events, and leadership development initiatives, AcES provides a space where students can grow academically and personally while making a lasting impact beyond the classroom.

### **Excel Beyond Numbers: A Continuing Legacy**

The legacy that the Accounting Enrichment Society aims to uphold is one of holistic growth, empowerment, and unwavering support. Known as the "masayang org," AcES stands as a vibrant force dedicated to promoting academic excellence, nurturing leadership, and strengthening community bonds. The organization continues to encourage all students to excel beyond numbers — to strive further, serve with purpose, and grow together as future professionals and leaders.





# 267th NROTCU joins October 2025 Flag Raising Ceremony



*267th NROTCU together with Brother President Inigo Riola FSC, EdD (2nd-L), Vice Provost for Academics Dr. Twinkle Amparo (4th-L), OSS Dean Dr. Jacqueline L. Morta (3rd-L), ROTC Coordinator Ms. Lanie Barrera (left) and CWTS Chair Ms. Lindalou Palomino (2nd-R).*

The 267th Naval Reserve Officers Training Corps Unit (NROTCU) led the morning colors during the monthly Flag Raising Ceremony held on October 6, 2025 at the Purificacion Borromeo Hall Courtyard.

The ceremony brought gathered members of the Lasallian community in a moment of unity and national pride. This month's observance also marked World Teachers' Day, honoring educators for their dedication to shaping future generations.

With precision and discipline, the 267th NROTCU carried out the flag-raising with respect and decorum.

The event highlighted values of patriotism, service, and gratitude—values shared by both Lasallians and the military.

Through their participation, cadets demonstrated respect for the nation's symbols and paid tribute to teachers whose commitment continues to inspire learners.

The ceremony reinforced the university's shared mission of building a community guided by honor, discipline, and service.

# SWC Counselor Shares Guidance Insights in Psychology Webinar

The Psychology Department of De La Salle University-Dasmariñas (DLSU-D) hosted a webinar in line with the subject Introduction to Counseling and Psychotherapy. Titled "Navigating the Counselor's Compass: Journey, Values and Ethical Practice," the session featured SWC Guidance Counselor Ms. Glessie Anadilla-Cantada as the resource facilitator.

Ms. Anadilla-Cantada shared her personal counseling journey, from the fundamental qualities of an effective counselor to the importance of upholding professional ethics in guidance counseling.

The webinar aimed to deepen students' understanding of how personal experiences shape professional growth, identify key traits of effective counselors, and explore the values that guide ethical decision-making, all grounded in the principles and codes of ethics for responsible practice.

The participants, AB and BS Psychology students were introduced to practical models for handling ethical dilemmas referencing both the American School Counselor Association (ASCA) and Philippine Guidance and Counseling Association (PGCA) Codes of Ethics.

The discussion also highlighted the importance of proper documentation. The speaker emphasized that documentation must be thorough and consistent, regardless of age, gender, or social status of clients. She reminded attendees that experience or seniority do not exempt counselors from ethical responsibilities. Adequate documentation, she noted, protects counselors from legal claims and ensures compliance with ethical standards.

To conclude, Ms. Anadilla-Cantada shared a passage from the Humanistic Perspective as a reminder of the kind of service counselors are called in: "Not every material gain can outshine the pleasures one derives from counseling when one enjoys the humanity and humanness of people and when one sees a positive transformation in the student."

She underscored that the true reward of counseling lies in connecting with people on a human level - understanding their emotions, struggles, and stories and witnessing growth, change, and improvement through guidance and support. Overall, the webinar not only enriched students' knowledge of counseling ethics and practices but also inspired future practitioners to cultivate compassion and integrity in their future careers.

# SMPO hosts Campus Journalism and Press Freedom Webinar

The Student Media and Publications Office (SMPO) of De La Salle University–Dasmariñas (DLSU-D) hosted a webinar titled “Campus Journalism and Press Freedom: Essentials for Today’s Student Journalist” via Microsoft Teams. The session aimed to deepen student journalists’ understanding of ethical reporting, press freedom, and their vital role in upholding democratic values.



*College of Law Vice Dean Atty. Dennis Maldo discusses press freedom and the law.*

Guest speakers Atty. Dennis Maldo of the DLSU-D College of Law and Jelo Ritzhie Mantaring of NewsWatch Plus shared their expertise and experiences on the legal and practical dimensions of journalism. Atty. Maldo explored the philosophical and constitutional foundations of freedom of expression and of the press, emphasizing the importance of exercising these rights responsibly within the bounds of the law.



*Jelo Ritzhie Mantaring, Multiplatform Producer for NewsWatch Plus engages participants with his talk on responsible digital journalism.*

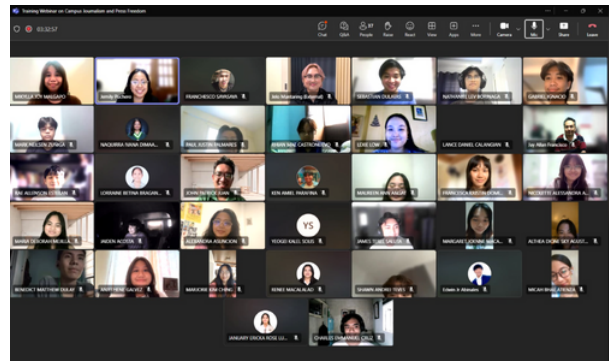
Mantaring, meanwhile, discussed the contemporary challenges and opportunities facing campus journalists. He urged participants to adapt to the evolving media landscape, diversify content platforms, and remain grounded in fairness and truth.

SMPO Director Jemily Puchero highlighted the significance of the webinar for aspiring student journalists, *“The webinar was especially significant for our apprentices who are just starting out as campus writers. It helped them recognize both the philosophical relevance and the practical responsibility of exercising freedom of expression and of the press within the bounds of the law,”* she said.

She added that the event reinforced SMPO’s mission to promote integrity and accountability in campus journalism as it guided the participants in creating digital content responsibly and ethically.

Participants were also encouraged to explore the digital sphere more proactively by learning how to prioritize stories, gather reliable data, and engage audiences through meaningful and balanced reporting. The webinar speakers reminded them to keep in touch with newsmakers while giving voice to ordinary people whose stories often remain untold.

Through initiatives like this, SMPO continues to nurture ethical, responsible, and empowered Lasallian journalists by equipping them with the knowledge, values, and digital competencies essential for navigating today's fast-changing media environment.



*Screenshot photo of the webinar organizers, speakers, and participants.*

## PRC and Board of Guidance and Counseling Conduct Virtual Visit to DLSU-D Student Wellness Center

The Professional Regulation Commission (PRC) and the Board of Guidance and Counseling conducted a virtual institutional visit to the Student Wellness Center of De La Salle University-Dasmariñas (DLSU-D) on October 22. The activity aimed to assess the university's compliance with national standards for guidance and counseling programs and to strengthen partnership between the PRC Board and higher education institutions in the promotion of mental health and professional guidance and counseling practice.

PRC representative Hon. Arnel Gagalac and PRC Board members of Guidance and Counseling Hon. Elena Morada and Hon. Carmelita Pabiton attended the online visit. Representing DLSU-D were Agnes Gibas, RGC, Director of the Student Wellness Center, licensed SWC guidance counselors Demetria Panganiban, RGC, Anna Michelle Garingo, RGC and Glessie Cantada, RGC. DLSU-D Dean of Student Services Office Dr. Jacqueline Morta opened the session with welcoming remarks.

During the visit, PRC and Board members engaged in discussions on SWC's structure, services, and programs, particularly its student mental health and wellness initiatives, and counseling support systems. Ms. Gibas presented an overview of the university's history and SWC's guidance program, highlighting innovations in counseling, wellness campaigns, and inter-office collaboration for holistic student development.

PRC commended DLSU-D for its sustained adherence to ethical and professional standards, including updated practitioners licenses, continuing professional development, compliance with counselor-student ratios, and implementation of relevant student programs and services. The Board also provided recommendations for aligning SWC's core and support services with updated evaluation frameworks.

In their messages, Hon. Pabiton and Hon. Morada expressed appreciation for DLSU-D's active role in mental health advocacy. They emphasized that the visit, an inaugural initiative for the Board, was not only an evaluation but also a platform for building synergy between regulatory bodies and practitioners to ensure quality guidance services in educational institutions.

Ms. Gibas and the SWC Team thanked the PRC and the Board for the opportunity to present the university's SWC initiatives and reaffirmed their commitment to providing accessible, student-centered, and ethical counseling services rooted in Lasallian values.

The virtual visit concluded with an open forum where both parties exchanged insights and recommendations for continuous improvement and collaboration in advancing the guidance and counseling profession in the Philippines.

# October Sparks: Lasallian Leadership and Innovation in Action

October 2025 was a month of growth, collaboration, and innovation at De La Salle University–Dasmariñas, as student organizations under the Office of Student Services (OSS) rolled out events that embodied the Lasallian values of faith, service, and community.



## **MerchandAcES: ACES** Establishing Lasallian Identity

**Date:** October 20-30 to November 3-15, 2025

**Venue:** JFH Kubo

**Proponent:** Accounting Enrichment Society (AcES)

MerchandAcES 2025 is a crowdfunding initiative implemented to strengthen both the Accounting Enrichment Society (AcES) and the Lasallian community by offering a timeless and fresh line-up of in-trend student essentials, beyond providing quality and aesthetically pleasing merchandise. The merchandise selection will feature a mix of returning bestsellers from previous year's crowdfunding event, MerchandAcES: Accessential Selections, identified through an interest check survey, and newly designed items by the organization's team. The merchandise comprises lanyards, ID card holders, stickers, and pins, created by the organization's officers.



### CEAT Town Hall Meeting

**Date:** October 1, 2025

**Venue:** MLH Exhibit Hall

**Proponent:** College of Engineering, Architecture and Technology Student Government (CEATSG)

This gathering serves as a platform for dialogue between CEAT students and administrators, allowing students to voice concerns and suggestions on academics, facilities, and student welfare. It reflects the college's commitment to transparency and inclusivity in addressing the needs of its community. More than a consultation, the Town Hall highlights CEAT's dedication to collaboration and shared responsibility. By fostering open communication, it promotes active student participation in shaping a responsive and student-centered academic environment, guided by the Lasallian values of Faith, Zeal for Service, and Communion in Mission.

### AKAY 2025: State of the Society Address and General Assembly

**Date:** October 2, 2025

**Venue:** Ayuntamiento De Gonzales Reception Hall

**Proponent:** DLSU-D Pre-Medical Society (DPMS)

The assembly provides an in-depth presentation of the organization's achievements, initiatives, and future plans. The event highlights the Society's commitment to academic excellence and holistic development, while reaffirming its mission to serve as a catalyst for aspiring medical professionals and contribute to the De La Salle University-Dasmariñas community. The event aims to equip pre-medical students with valuable knowledge, perspectives, and inspiration by shedding light on the current state of pre-medical education and the realities of pursuing medicine in the Philippines.



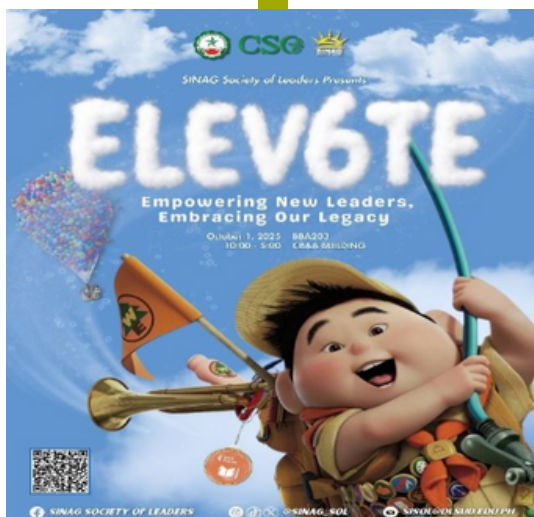
## PasiCLACban 2025: Silakbong Lakas, Giting ng Dugong Liberal

**Date:** October 27-30, 2025

**Venue:** Grandstand, Track/Oval, Ugnayang La Salle, MTH Court and JFH Rooms

**Proponent:** College of Liberal Arts and Communication Student Government (CLACSG)

This new addition marks a historic milestone, the first-ever billiards competition hosted by the College. Often misunderstood as a pastime, billiards is a sport that requires focus, precision, strategy, and composure; it is the all values parallel to academic and leadership excellence. Through this initiative, CLACSG aims to break the stigma surrounding billiards and affirm that sportsmanship can take many forms, extending beyond traditional fields and courts. The inclusion of billiards also strengthens CLACSG's advocacy for progressive inclusion in student engagement, giving space to new talents and interests within the student body. Moreover, by holding this event in a partnered local community venue, the initiative bridges the gap between university life and grassroots engagement — a manifestation of leadership that is grounded in action.



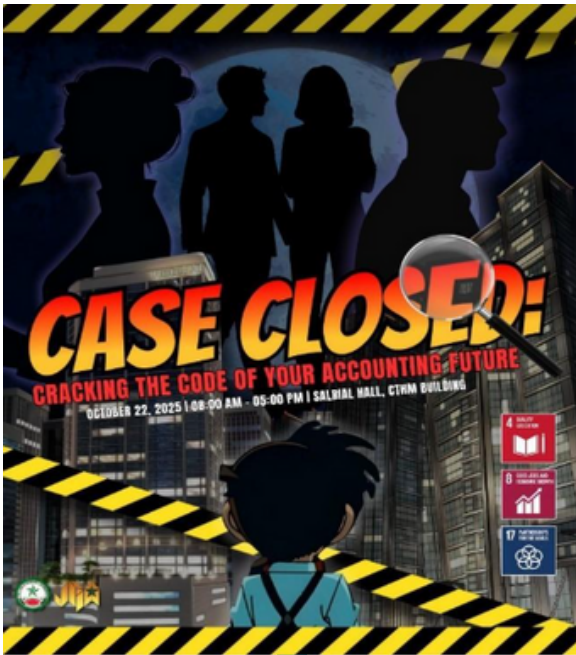
## ELEV6TE: Empowering New Leaders, Embracing Our Legacy

**Date:** October 1, 2025

**Venue:** BBA Rooms

**Proponent:** Sinag Society of Leaders (SISOL)

This project aims to provide a foundational understanding of the organization through an insightful seminar, games, and a workshop. The seminar will educate participants on SISOL's core purpose and history, fostering a deeper understanding of its mission and values. Additionally, the workshop will delve into the specific roles and responsibilities of each committee within SISOL, ensuring all members and officers are aware of their committee's duties. This assembly is designed to enhance collaboration and foster stronger connections among members and junior officers, creating an environment where collaboration, communication, and mutual support thrive.



### Case Closed: Cracking the Code of Your Accounting Future

**Date:** October 1, 2025

**Venue:** CBAA Azotea and CBA Rooms

**Proponent:** Junior Philippine Institute of Accountants (PIA)

The event highlights three key activities: career talks that provide valuable industry insights and professional guidance, firm booths that connect participants with potential employers and career opportunities, and game quizzes that reinforce accounting knowledge through engaging academic challenges. Through these activities, the initiative aims to bridge classroom learning with real-world applications, helping students gain practical exposure, strengthen professional readiness, and confidently pursue their future in the field of accountancy.

### Chasing Victory Golden: The National Esports Tournament and Gaming Convention

**Date:** October 27-20 to Nov 3-11, 2025

**Venue:** Ugnayang La Salle

**Proponent:** College of Information and Computer Studies Student Government (CICSSG)

Chasing Victory better and partnership future Golden: Esports Tournament and Gaming Convention is a 10-day event consisting of 9 days allotted for online tournament preliminaries and the final day being allotted for a culminating onsite tournament and convention. This installment follows the legacy of Chasing Victory 2023 and Chasing Victory 2025, continuing the tradition of showcasing esports and gaming in DLSU-D. This event will feature various segments, such as (1) an esports tournament, (2) mini games, (3) a guest alley, (4) a cosplay competition, (5) a merchandise pre-order selling, (6) and concessionaire booths. Each segment is designed to provide entertainment and engagement for all participants—students, faculty, alumni, outsiders, esports players, and cosplayers.



### IsipSuri: A Psychological Assessment and Seminar for Learners with Disabilities

**Date:** October 3-4, 2025

**Venue:** Tanghalang Julian Felipe and JFH Rooms

**Proponent:** College of Liberal Arts and Communication Student Government (CLACSG)

Looking at the realities of the progress for the exceptional individuals in the Philippines, the call for inclusivity and equality in education remains a concern in need of assistance. This is apparent among learners with disabilities (LWDs) who remain underrepresented and underserved in the educational system. While special programs and initiatives to aid these learners already exist in the country, formal psychological assessments that determine the appropriate programs and interventions suited for their specific needs remain inaccessible to learners with learning, developmental, and psychological challenges.



### ALPAS: CEAT Leadership Training Seminar

**Date:** October 29, 2025

**Venue:** MLH Exhibit Hall

**Proponent:** College of Engineering, Architecture and Technology Student Government (CEATSG)

"ALPAS," which means to break free, symbolizes growth, courage, and transformation — qualities every leader must embody. It also stands for Aspiration, Leadership, Purpose, Adaptability, and Service, the core values that guide every CEAT student leader. This leadership training seminar is exclusively organized for CEAT student leaders to equip them with essential leadership skills, strengthen camaraderie among organizations, and prepare them to lead with integrity and innovation. Through a series of talks, activities, and discussions, participants will gain insights on effective leadership, teamwork, and adaptability within and beyond the college setting.



### CJD General Assembly 2025: Tomorrow by Together

**Date:** October 1, 2025

**Venue:** Tanghalang Julian Felipe

**Proponent:** Communication Program Council (CPC)

The Tomorrow by Together: The CJD General Assembly 2025 aspires to create a welcoming and inclusive space for the entire Communication and Journalism Department community. This gathering is envisioned to foster camaraderie and rapport among the freshmen, their seniors, the faculty, and all CJD students. Through shared experiences and meaningful exchanges, the General Assembly serves as the foundation of strong connections, allowing freshmen to begin their college journey with a sense of belonging while giving upperclassmen an opportunity to reconnect, reflect, and strengthen their ties within the department.

### EKODEMY

**Date:** October 30 and November 6, 2025

**Venue:** CBA Rooms

**Proponent:** Ekonomiks Society

EcoDemy fosters an environment where economics students can enhance their academic skills, bridge learning gaps, and connect with the broader student body. By focusing on research and mathematics, the program offers a well-rounded foundation that supports academic growth and real-life awareness. The program nurtures skills in calculus and research to address the current gap in knowledge among economics students in math and writing. More than just a skills-training initiative, it embodies the society's commitment to shaping well-rounded individuals prepared for future challenges. By participating in this program, students strengthen their abilities while also connecting with peers, mentors, and the wider economics community.



# Contributors

## Article Writers

Eric Vargas, DBA  
Ervin Ronnie Doroteo  
Jacqueline Morta, PhD  
Jemily Puchero, MDMG  
Joan Bermundo  
Marnil Rosaroso, Rpm  
Odessa Parreño, Rpm  
Ruel Elias, MM  
Lanie Barrera  
Agnes B. Gibas, RGC  
Glessie A. Cantada, RGC

Jacob Elijah Sanchez  
Ashley Lawrence Galang  
Cloe Darienne A. Santera  
Robert Rendel L. Cayas  
Jirro Harvey Natividad  
Geleen Ericka Engco

## Editor

Jemily Puchero, MDMG

## Layout Artist

J.A. Morta, COM32

# Photo Credits

## Strategic Communications Office

**267th Naval ROTCU - De La Salle University - Dasmariñas**

<https://www.facebook.com/267thNavalROTCU>

**DLSUD Student Development and Activities Office**

<https://www.facebook.com/DLSUDSDAO/>

**Accounting Enrichment Society (AcES)**

<https://www.facebook.com/DLSUDAcES>

**DLSU-Dasmariñas CEAT Student Government**

<https://www.facebook.com/ceatsg>



**DLSU-D Office of Student Services**