



UNIVERSITY HEALTH CLINIC HEALTH ADVISORY

Alcohol and health



Alcohol causes 1 death every 10 seconds.

EARLY DRINKING

IS LINKED TO

Lower academic achievement

Lifelong risks

Poor mental health

Harmful use of alcohol causes

100% of alcohol use disorders



27% of traffic injuries



18% of suicides

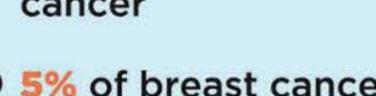


13% of epilepsy



18% of interpersonal violence

- 48% of liver cirrhosis
- **3** 26% of mouth cancers
- **©** 26% of pancreatitis
- 20% of tuberculosis
- **9** 11% of colorectal cancer
- **9** 5% of breast cancer
- heart disease



© 7% of hypertensive



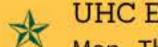
There is no safe amount of alcohol.

Source: WHO HEALTH **ADVISORY**

Trunkline: (046) 416 4531

UHC WEST (GMH 114) loc no: 3039

Mon-Thurs 7:00 am - 6:00 pm; Fri 7:00 am - 5:00 pm; Sat 8:00 am - 5:00 pm



UHC EAST (JFH 108) loc no: 3100 Mon - Thurs 10:00 am - 8:00 pm; Fri 11:00 am - 8:00 pm

UHC HS CLINIC loc no: 3304

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