



UNIVERSITY HEALTH CLINIC HEALTH ADVISORY

Alcohol and health



Alcohol causes
1 death every 10 seconds.

EARLY DRINKING

IS LINKED TO

Lower
academic
achievement

Lifelong risks

Poor mental health



Harmful use of alcohol causes

100% of alcohol
use disorders

27% of traffic injuries

18% of suicides

13% of epilepsy

18% of interpersonal violence

A 48% of liver cirrhosis

B 26% of mouth cancers

C 26% of pancreatitis

D 20% of tuberculosis

E 11% of colorectal
cancer

F 5% of breast cancer

G 7% of hypertensive
heart disease

! Think before you drink !

There is no safe amount of alcohol.

Source: WHO HEALTH
ADVISORY

#UHCares

Trunkline: (046) 416 4531

- ★ UHC WEST (GMH 114) loc no: 3039
Mon-Thurs 7:00 am - 6:00 pm; Fri 7:00 am - 5:00 pm; Sat 8:00 am - 5:00 pm
- ★ UHC EAST (JFH 108) loc no: 3100
Mon - Thurs 10:00 am - 8:00 pm; Fri 11:00 am - 8:00 pm
- ★ UHC HS CLINIC loc no: 3304
Mon - Fri 7:00 am - 7:00 pm



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