



De La Salle University  
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CAVITE 4115 PHILIPPINES



DLSU-D  
University Clinic

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## ADVISORY FOR HAND FOOT AND MOUTH DISEASE

Greetings In St. La Salle,

In accordance to the released **advisory No. 2025-001 from the Dasmariñas City Health Office regarding Hand Foot and Mouth Disease (HFMD)**, the University Health Clinic would like to inform the community regarding the signs and symptoms of the disease, and the appropriate protocol if such cases arise in our campus and community:

**Hand, Foot and Mouth Disease** is a contagious viral infection caused by the ***coxsackie virus (CSV)*** and ***enterovirus*** commonly affecting infants and children. The mode of transmission of infection is by **direct contact to colds, phlegm, saliva, and fecal matter of infected individuals, or by handling objects affected patients have touched**. Most symptoms can last 7-10 days which can include but is not limited to the following:

1. Rashes on hands and feet
2. Mouth sores
3. Fever
4. Headache
5. Sore throat
6. Loss of appetite

According to the released government advisory, the City of Dasmariñas reported 51 cases as of February 19, 2025. Out of the total cases, 39 are suspected HFMD, 10 probable HFMD, and 2 cases were confirmed as HFMD infection.

**As of February 24, 2025, our university has 0 reported cases** of the disease. However, it is equally important to observe precaution and practice necessary **preventive measures such as:**

1. **Washing of hands using soap, water, and alcohols/sanitizers** especially after using comfort rooms.
2. **Cleaning and disinfecting toys** and equipments.
3. **Observe minimum public health standards** (e.g. wearing of face mask when with cough and colds), as well as physical distancing when possible.
4. **Consult with a doctor** at the nearest hospital or City Health Office if suspected and presenting with any symptoms listed above.
5. **Avoid direct or close contact** to suspected or confirmed HFMD cases, and opt for immediate treatment
6. Advise these **patients to ISOLATE AT HOME** until cleared by the physician.





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Moreover, as per the directive of the City Health Office of Dasmariñas (**E.O. No. 011-S-2025**), **if there would be any suspected cases of HFMD, an asynchronous mode of class must be implemented as to mitigate possible transmission to others.**

For further information and for reporting of suspected cases in our community, please coordinate with any of the following offices:

- De La Salle University- Dasmariñas
  - Office of Safety, Health, and Wellness ([shwo@dlsud.edu.ph](mailto:shwo@dlsud.edu.ph))
  - University Health Clinic ([univhealthclinic@dlsud.edu.ph](mailto:univhealthclinic@dlsud.edu.ph))

You may also direct any reports or concerns to your nearest hospital or City Health Office (CHO) as needed.

For your proper guidance, and dissemination.

Thank you and stay safe!

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