



UNIVERSITY HEALTH CLINIC HEALTH ADVISORY

WHAT ARE WATERBORNE DISEASES?

Waterborne diseases are caused by viruses and bacteria that enter the body through contaminated water or animal urine and feces.

Know the Symptoms of Waterborne Diseases



VOMITING



NAUSEA



LOSS OF
APPETITE



EYE PROBLEM



SKIN ISSUES



SEVERE ABDOMINAL
PAIN AND CRAMPS



DIARRHEA

#UHCares

Source: WHO HEALTH
ADVISORY



Trunkline: (046) 416 4531

★ UHC WEST (GMH 114) loc no: 3039
Mon-Thurs 7:00 am - 6:00 pm; Fri 7:00 am - 5:00 pm; Sat 8:00 am - 5:00 pm

★ UHC EAST (JFH 108) loc no: 3100
Mon - Thurs 10:00 am - 8:00 pm; Fri 11:00 am - 8:00 pm

★ UHC HS CLINIC loc no: 3304
Mon - Fri 7:00 am - 7:00 pm



univhealthclinic@dlsud.edu.ph



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What are the most common waterborne diseases?



TYPHOID FEVER



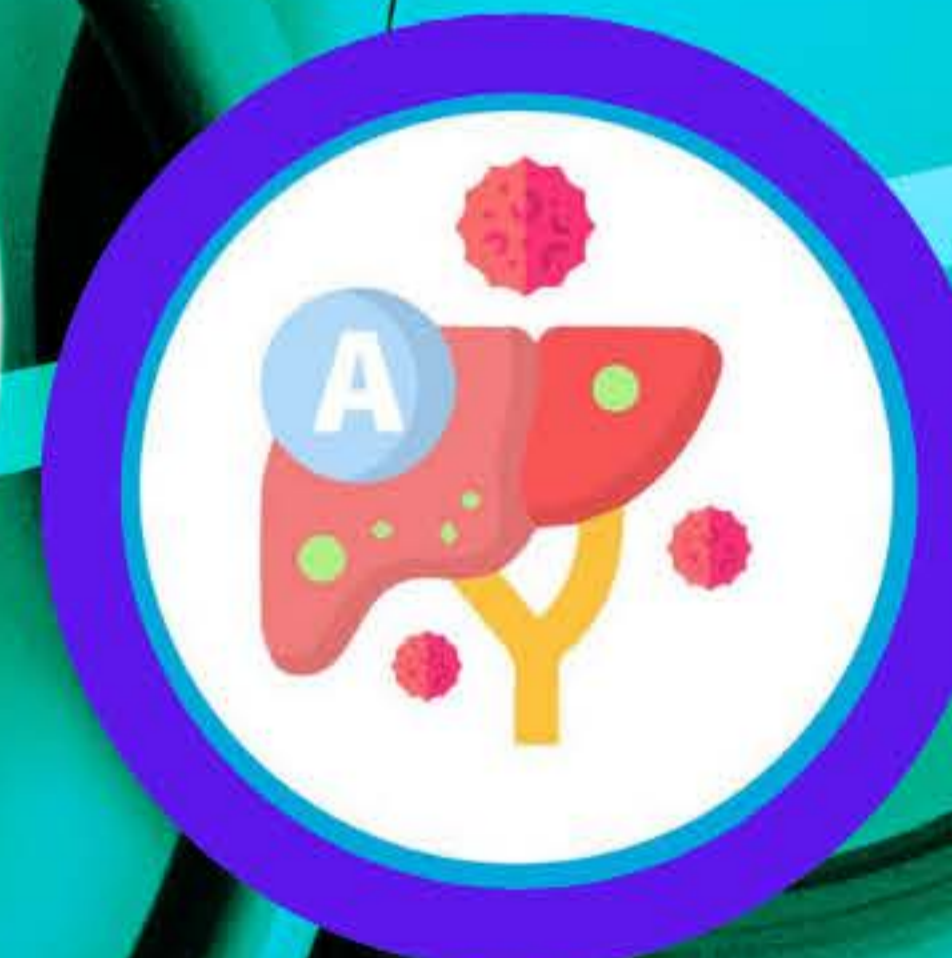
ACUTE DIARRHEAL
INFECTION



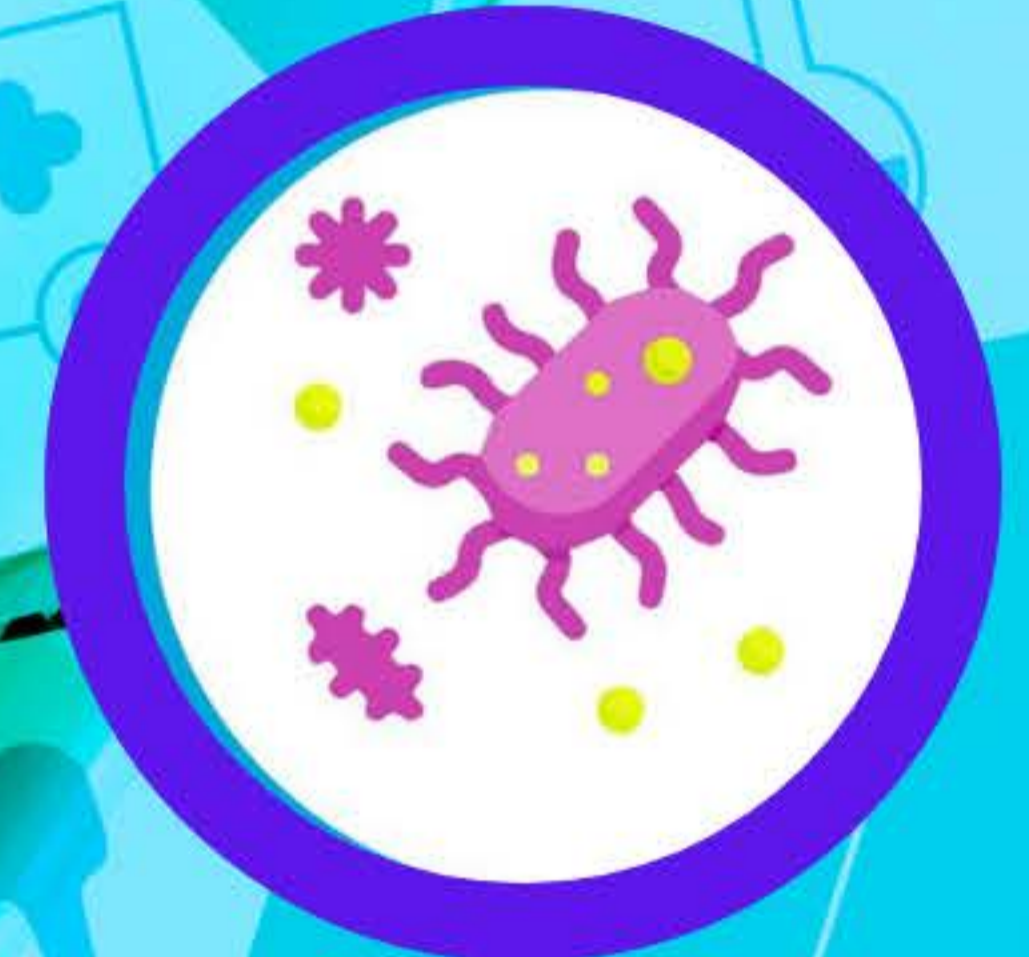
DYSENTERY



ESCHERICHIA COLI
(E. COLI) INFECTION



HEPATITS A



SALMONELLA

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How to Avoid Waterborne Diseases?



**Wash hands thoroughly before eating
and after using the toilet**



Eat properly cooked food



**Drink safe, treated,
or uncontaminated water**



Wash fruits and vegetables thoroughly



Clean water pipes and tanks regularly

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