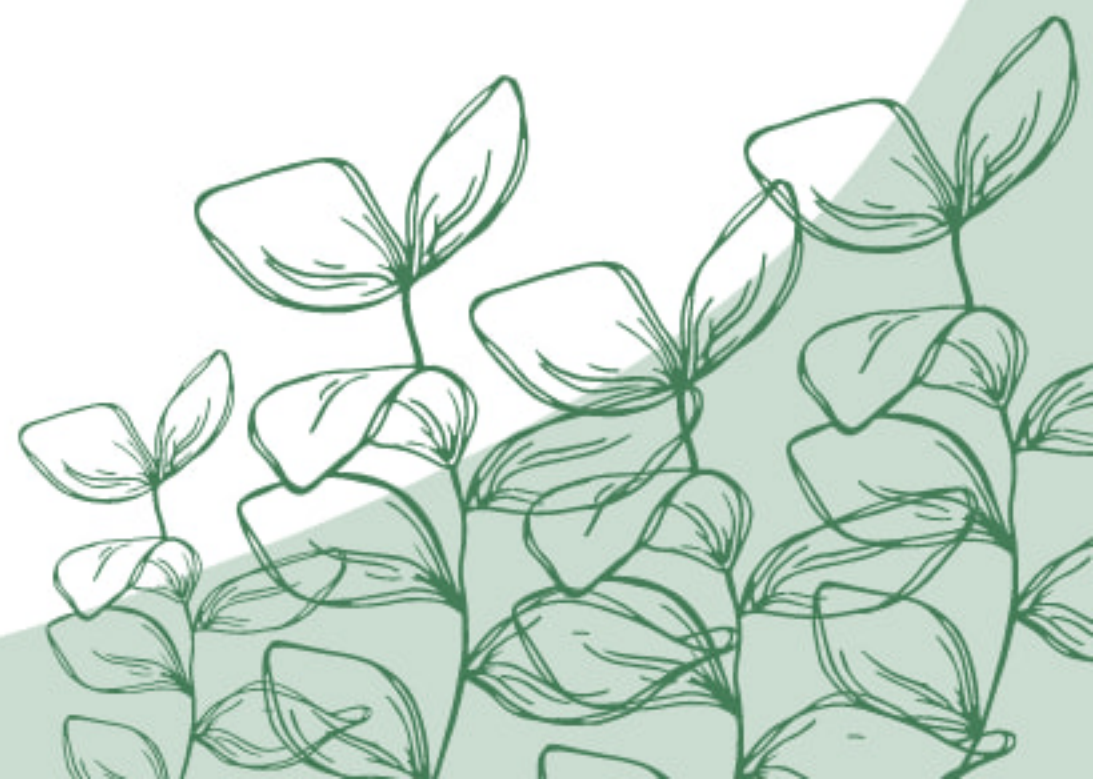




JOURNEY TOWARDS

SUSTAINABLE LIVING

what can you do at home?



1

CONSUME WISELY

Free shipping.
11.11 sale.
Vouchers.
Discount coupons.
**are tempting but
before you buy
something...**

**check this guide
first!**



THE BUYERARCHY
of NEEDS
(with apologies
to Maslow)

made by Sarah Lazarovic

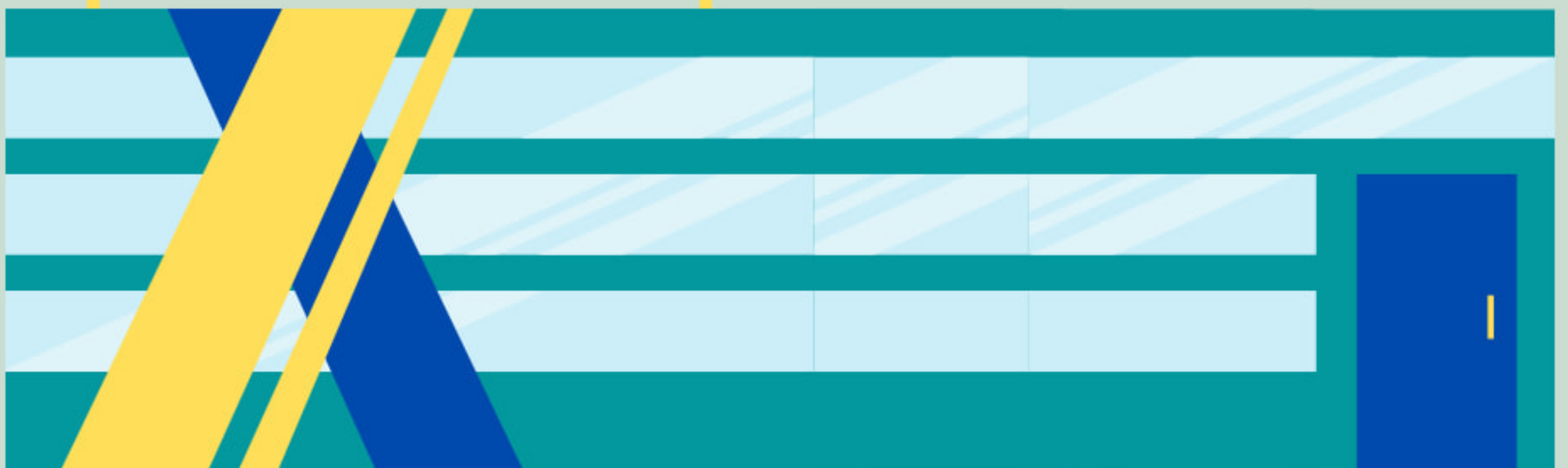
2

SUPPORT LOCAL BUSINESSES



Let us help our fellow Filipinos make a living during this pandemic and build our country's economy again while also trying to **lessen our carbon footprint.**

LOCAL STORE



3

SAY NO TO UNNECESSARY SINGLE-USE ITEMS

When ordering food thru deliveries, **kindly inform them that you will not be needing disposable utensils and plastic straws** since you already have them at your home.

**NO
TO
PLASTIC**



4

MAKE YOUR OWN!



Upcycle. Do-It-Yourself.

Instead of disposing your wastes or buying immediately, think about what you can do with it. Try to be creative! **You did not just saved money but you also helped the environment.**

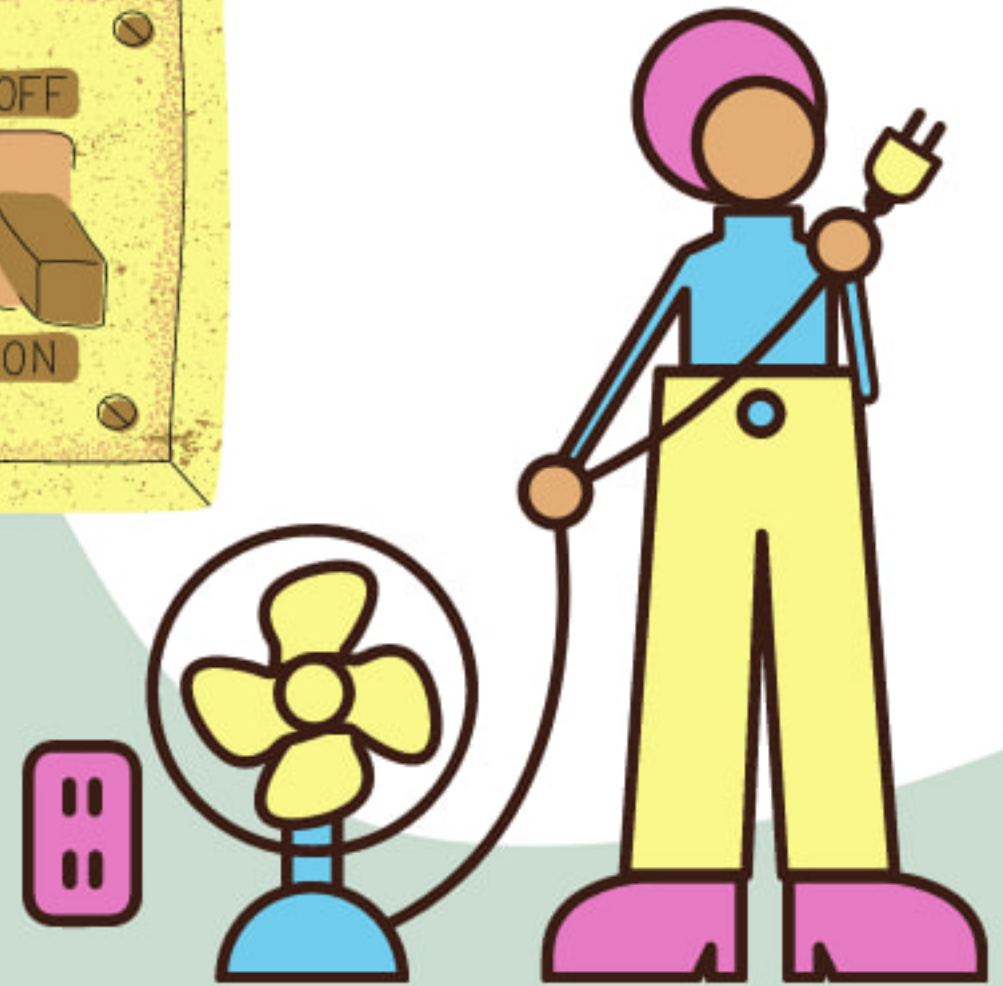
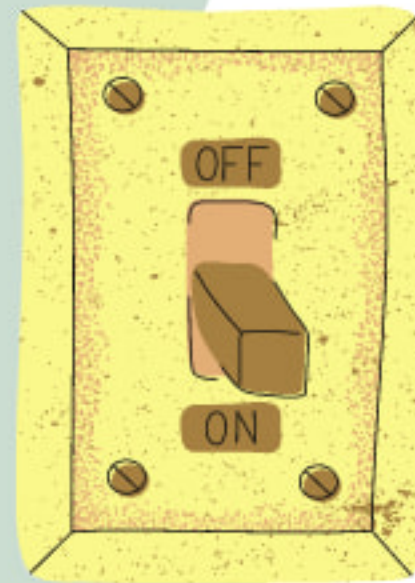
Plant your own food.



5

TURN OFF AND UNPLUG

Do not forget to **turn off and unplug** your devices or appliances at home when not in use.



These resources are scarce so let us be mindful of our consumption by also **turning off the tap** when not in use.