



Self-Care Week

June 7-11, 2021



DLSU-D E-SPORTS LEAGUE



JUNE 7-9 AND 11, 10AM-7PM
UNIVERSITY STUDENT GOVERNMENT

JUNE

7

CPM CARES

TAKE A BREAK! COME AND REST,
EXPERIENCE SOLITUDE
3-6PM | CAMPUS MINISTRY OFFICE

zoom

DLSU-D VIRTUAL CAREER FAIR

JUNE 7-12 | ARPO

KAPE, KUMUSTAHAN, KWENTUHAN, KABANALAN AT KAIBIGAN PARA KAY KRISTO

4PM, CPM BIBLE SHARING SQUAD FB PAGE
LASALLIAN MISSION OFFICE



JUNE

8

E-SPORTS TOURNAMENT

9AM-4PM | CLACSG



TIKTOK LASALYANO, CAREBELLS MO PA BA?

CARING FOR THE SELF...
THE LASALLIAN WAY | 10AM | CMO



zoom

JUNE

9

HINDI LANG AKO GURO, GURONG LASALYANO AKO!

2-5PM | COEDSG



GREATER: RESILIENCE AMIDST THE NEW NORMAL

3-5PM | AMPC

zoom

JUNE

10

KWENTUHANG LASALYANO: "THE JOY OF LOVING IN CARING"

9:30-11:30AM | LMO

zoom

LEVEL UP: A VIRTUAL GAME NIGHT

4-9PM | CTHMSG



zoom

JUNE

11

LAKAS-ISIP: RESILIENCE AMIDST COVID-19 PANDEMIC APPLIED PSYCHOLOGY



Please visit
www.dlsud.edu.ph/selfcare
for details of each event.

