

GREEN MIND, GREEN LIFE

LIVING IN A
ZERO-WASTE
HOME

National Say No to Waste Month

WHAT IS ZERO WASTE?

IT IS A WHOLE-SYSTEM APPROACH TO RESOURCE MANAGEMENT CENTERED ON REDUCING, REUSING, AND RECYCLING.

IT IS ALSO THE CONSERVATION OF ALL RESOURCES THROUGH RESPONSIBLE PRODUCTION, CONSUMPTION, REUSING, AND RECYCLING OF PRODUCTS, PACKAGING, AND MATERIALS WITHOUT BURNING AND WITH NO DISCHARGES TO LAND, WATER, OR AIR THAT ENDANGER THE ENVIRONMENT OR HUMAN HEALTH.

REUSING MATERIALS THAT HAVE ALREADY BEEN CONSUMED, REDUCES THE NEED TO USE NONRENEWABLE RESOURCES. RECYCLING MATERIALS CONSUMES LESS ENERGY AND SAVES MORE TREES THAN PRODUCING "VIRGIN" MATERIALS.







WHAT CAN WE DO TO ACHIEVE A ZERO-WASTE LIFE?

THINK REUSABLE, NOT DISPOSABLE

LEARN TO SWITCH OFF THINK BEFORE YOU BUY

EMBRACE DIY MENTALITY

TRY

PURCHASE ONLY WHAT YOU NEED YOURSELF AND OTHERS INFORMED AND ENGAGED

REFUSE WHAT YOU DO NOT NEED; REDUCE WHAT YOU DO NEED; REUSE REDUCE, OR REUSE; AND

BEA JOHNSON,

ZERO WASTE HOME

 How Communities Have Defined Zero Waste. (n.d.). EPA United States Environmental Protection Agency. Retrieved January 28, 2022, from https://www.epa.gov/transforming-waste-tool/how-communities-have-defined-zero-waste

 ZERO WASTE. (n.d.). University of Illinois Urbana-Champaign. 28, January https://fs.illinois.edu/services/waste-management-andrecycling/zero-waste

 Blumhardt, H. (2021, February 5). Zero waste living tips: 10 tips to help you with Zero Waste living and changing the system. Greenpeace. Retrieved January 28, 2022, from https://www.greenpeace.org/aotearoa/story/10-tips-for-zero-waste-living-and-changing-the-system/

Quick Tips to a Zero-Waste Lifestyle. (2019, January). WWF. Retrieved January from https://wwf.org.ph/resource-center/story-archives-2017/quick-tips-zero-waste/









